



## North Carolina Diabetes Advisory Council

<b>Date of Meeting:</b>	February 10, 2017	<b>Time:</b>	9:30am-1:2:30pm 12:30-1:00pm Food Bank Tour (optional)
<b>Minutes Prepared by:</b>	Kim Black	<b>Location:</b>	Food Bank of Central and Eastern NC
<b>Attendance at Meeting:</b>	<b>DAC Members &amp; Liaisons Present:</b> Juanita Akinleye, Ronny Bell, Chair, Paul Bray, Lisa Davis, Kathy Dowd, Laura Edwards, Jeff Katula, Karla Kiriako, Mary Bea Kolbe, Beth Lovette, Christine Memering, Earline Middleton, Jerry Munden, Julie Paul, Sharon Pearce, April Reese, Dr. Susan Spratt, Jim Straight, Sheree Vodicka, Dr. Larry Wu		
<b>Invited Guests and Staff Present:</b> Surabhi Aggrwal, Sammy Bailey, Karen Bottoletti, Kim Black, Anna Bess Brown, Dr. John Buse, Carolyn Dunn, Erica Hall, Tracie Heavner, Sharon Jackson, Julie Kirk, Sanga Krupakar, Ann Lefebvre, Lee Lillard, Kamaria Mason, Jerri Mayberry, Nicole Miller, Kelly Nordby, Sarah Overholt, Jeana Partington, Amy Quesinbery, Sharon Rhyne, Melissa Rockett, Kathleen Shapley-Quinn, Jennifer Stallings, Kathryn Tarquini, Cathy Thomas.			

### Meeting Highlights

Topics and Points of Discussion	Carry-over Item?
<p><b>1. Welcome, Introductions, Approval of Minutes</b></p> <ul style="list-style-type: none"> <li>• Dr. Ronny Bell, Diabetes Advisory Council (DAC) Chair, welcomed everyone, and asked everyone present to introduce themselves.</li> <li>• Meeting highlights from the October 6, 2016 meeting were approved as submitted. The meeting highlights and handouts are posted on the DiabetesNC.com website.</li> </ul>	No
<p><b>2. DAC Member Survey Results</b></p> <p>DAC Member Survey Results identified council strengths as well as areas for improvement.</p> <p>Identified Strengths:</p> <ul style="list-style-type: none"> <li>• 97.3 % agreed or strongly agreed that the DAC leadership is committed to the purpose of the DAC (16.2% agreed, 81.1% strongly agreed).</li> <li>• 91.4% agreed or strongly agreed that it's worth their time to be involved in DAC meeting and/or activities (25.7% agreed, 65.7% strongly agreed).</li> </ul> <p>Identified Areas for Improvement:</p> <ul style="list-style-type: none"> <li>• 72.9% agreed or strongly agreed there is a method for communicating the activities and decisions to all members (37.8% agreed, 35.1 strongly agreed).</li> </ul>	Yes



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<ul style="list-style-type: none"> <li>• 71.5% agreed or strongly agreed; 8.6% disagreed that the responsibilities of members are clearly defined.</li> </ul> <p>The proceeding discussion highlighted ways we can enhance communication among DAC members as well as strategies to improve the highlighted areas for improvement. Members requested more clearly defined goals and action items moving forward. Participants also brought forth a strong suggestion for sub-groups. Sub-groups would enhance communication to ensure we are not duplicating efforts across members and organizations as well as keep members informed of what diabetes work being done across the state.</p> <p>Next step: create and disseminate a survey to assess if people are interested in investing time and effort of small groups and if so, what format they prefer.</p>	
<p><b>3. Patient Engagement</b></p> <p><b>Presenter: Julie Kirk, Wake Forest</b></p> <p>Julie Kirk is a clinical pharmacist in the Department of Family and Community Medicine at Wake Forest School of Medicine. She has led continuing education programs and has been involved in a multitude of research efforts in diabetes and diabetes disparities. Dr. Kirk has been actively involved with teaching diabetes education and is currently involved in a residency training model via Diabetes Group Medical Visits, the focus of today's presentation.</p> <p>Diabetes Group medical visits (GMVs) can serve as a positive experience for patients with diabetes as well as medical providers. Julie Kirk has seen progress in her resident's competencies as well as an improvement in self-management and support for patients with diabetes. Additional information available in posted PowerPoint from today's meeting</p>	No
<p><b>4. Evaluation-NC's Guide to Diabetes Prevention and Management</b></p> <p>The Guide was launched in December 2015. Data is to be revisited annually and presented at the first DAC meeting every year. It is important to note that prediabetes questions in BRFSS are only available every other year, therefore these measures will be assessed on a bi-annual basis. The number of people who have enrolled in DSMES is sourced from a CDC report released every March. Measures involving DSMES will use the figures released the previous March. Additional measurement progress information is available in posted PowerPoint from today's meeting.</p>	No
<p><b>5. Guide Distribution Survey Results and Planning</b></p> <p>April Reese presented a PowerPoint with highlights of the Guide Distribution Survey Results. Many respondents had not delivered any sort of presentation on the guide or utilized the PowerPoint presentation to assist in the promotion of the guide. Discussion following the presentation introduced strategies to increase guide distribution, including utilizing social media platforms and other health networks. Members would like a discussion around guide distribution and promotion techniques added to the May meeting agenda touching on, but not limited to, the following items:</p> <ul style="list-style-type: none"> <li>• Easier access the guide PowerPoint slides</li> <li>• Presentation talking points</li> <li>• Audible format options</li> </ul>	Yes



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<p><b>6. Follow-up Patient and Provider Documents</b>  <b>Presenter: April Reese</b></p> <p>April Reese presented a PowerPoint showcasing the patient document, which was recently evaluated by a small focus group. Lively discussion provided insights on how to address patient document changes. Proposed changes include:</p> <ul style="list-style-type: none"> <li>• Re-formatting the inside of the brochure, potentially remove or combine certain questions</li> <li>• Provide phone numbers of the most common insurance carriers and pharmacies</li> <li>• Highlight how a patient can begin the conversation &amp; build a partnership with a doctor</li> <li>• How family members can recognize symptoms and support someone with diabetes</li> </ul> <p>Final version of patient document will be available by next meeting.</p>	Yes
<p><b>7. Announcements and Updates</b></p> <ul style="list-style-type: none"> <li>• Request to speak form is now available. This will formalize and add structure to the presentation process.</li> <li>• The new DAC liaison is Juanita Akinleye, CCCPH Clinical Coordinator. She has worked in many health venues including local health departments and hospitals. Welcome, Juanita!</li> <li>• TCOYD, May 6, 2017; scholarships available for training.</li> <li>• Robeson County Diabetes Day, March 11, 2017</li> </ul>	No
<p><b>8. Food Bank Tour (optional)</b></p> <p>Thank you to Earline Middleton for providing DAC members, staff, and guests with an optional tour of the Food Bank of Central and Eastern NC and for providing today's meeting space.</p>	No

**Next Meeting: Friday, May 5th, 2017 9:30-1:00 p.m.  
 McKimmon Center, 1101 Gorman St, Raleigh, NC 27606**