

## FOR IMMEDIATE RELEASE

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TO: The Media

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FROM: The NC Division of Public Health

### RE: Champions Against Diabetes Awarded

On October 7<sup>th</sup>, the Diabetes Advisory Council (DAC) honored four champions in the fight against diabetes during their fall meeting held at the McKimmon Center in Raleigh. The first ever DAC Awards recognized three organizations and one individual who have used healthy eating and physical activity strategies for the prevention or management of diabetes. The award recipients included:

- CarolinaEast Health Systems Diabetes Management Program received the Myna Miller Employer Diabetes Prevention and Management Award for supporting their employees in diabetes prevention and management by posting nutrition information on site and by making the fitness center free for all, encouraging physical activity.
- Centralina Area Agency on Aging Received a John Bowdish Community Diabetes Prevention and Management Award for supporting diabetes self-management education by making the Stanford model of diabetes self-management programs widely available with English and Spanish speaking workshops.
- YMCA of Western North Carolina Received a John Bowdish Community Diabetes Prevention and Management Award for having more than 900 participants in their diabetes prevention and management programs across McDowell, Buncombe and Henderson Counties.
- Richard Joyner Received a John Bowdish Community Diabetes Prevention and Management Award for creating a garden to teach the benefits of labor, economics, community relations and self-sufficiency to children in a low-income community.

Created in 1988, the DAC works to reduce the burden of diabetes through coordination among the many stakeholders in diabetes control in North Carolina. The group meets three times each year to emphasize training, discuss new service priority areas and interventions, foster collaboration, and propose strategies for the prevention and control of diabetes. For more information on the DAC, visit [http://www.diabetesnc.com/partner\\_ncdac.php](http://www.diabetesnc.com/partner_ncdac.php).