

FOR IMMEDIATE RELEASE

DATE: Dec. 4, 2015

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MEDIA ADVISORY

Release of inaugural State Diabetes Guide will feature Basketball Hall of Famer David “Skywalker” Thompson, emphasizes prevention and management

WHAT: With support from the North Carolina Department of Health and Human Services’ Division of Public Health (DPH) and other partners, the North Carolina Diabetes Advisory Council (DAC) will release the inaugural publication of *North Carolina’s Guide to Diabetes Prevention and Management 2015-2020* on Friday, Dec. 4. The purpose of the guide is to help individuals, community members, employers and health care providers create environments which support diabetes prevention and management.

The guide will be available on DiabetesNC.com after the release event on Dec. 4, 2015.

DPH and DAC will promote a culture of diabetes prevention and management by emphasizing weight management and healthy lifestyles through individual, clinical, community and societal efforts.

Basketball Hall of Fame member David “Skywalker” Thompson, whose wife lives with the chronic illness, will be the featured speaker and will emphasize the connection between physical activity and diabetes prevention and management. A North Carolina native and North Carolina State Basketball alumnus, Thompson was inducted into the Naismith Memorial Basketball Hall of Fame in 1996. Thompson is currently a motivational speaker with Unlimited Success Sports Management and travels internationally, speaking to business leaders, community groups, athletes and students.

WHEN: Friday, Dec. 4 at 12:00 p.m.

WHERE: North Carolina Diabetes Advisory Council Meeting
Division of Public Health, Cardinal Room
5605 Six Forks Rd.
Raleigh, NC 27609

WHO:

- David “Skywalker” Thompson, Unlimited Success Sports Management, 1972-75 North Carolina State University basketball player, and Naismith Memorial Basketball Hall of Fame member.
- Dr. Ronny Bell, Director, Maya Angelou Center for Health Equity, Wake Forest University School of Medicine.
- Dr. Susan Spratt, Assistant Professor of Medicine and Assistant Professor of Community and Family Medicine, Duke University School of Medicine.
- Dr. Randall Williams, Deputy Secretary of Health Services, NC Department of Health and Human Services.

OPPORTUNITIES:

- Photograph opportunities of speakers, presentations and DAC members
- Interview opportunities with speakers
- First look at the *North Carolina's Guide to Diabetes Prevention and Management 2015-2020*

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