



North Carolina Diabetes Advisory Council

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| Date of Meeting: | 05/05/2023 | Time: | 9:30 am - 12:30 pm |
| Minutes Prepared by: | Corissa Payton | Location: | In-Person Meeting at DPH Six Forks Campus Virtual Meeting via GoToMeeting |
| Attendance at Meeting: | <p>Attendees Present In-Person:</p> <p>Members: Joanne Rinker, Chris Memering, Dr. Leonor Corsino, Marico Dove, Laura Edwards, Diana Laursen, Dr. Susan Spratt, Natasha Vos, Carmen Samuel-Hodge, Katie-Rose Crater</p> <p>Stakeholders & Guests: Stacey Burgin, Dr. Kimberly McDonald, Corissa Payton, William Pertet, Tish Singletary, Courtney Ramsey, Jaime Pearce, Sharon Nelson, John Laurel, Travis Battle</p> | | |
| <p>Attendees Present Online:</p> <p>Members and Liaisons: Joe Konen, Vandana Devalapalli, Susan Houston, Monique Mackey, Ciara Ruske, Joyce Swetlick</p> <p>Stakeholders and Guests: Shannon Dowler, Tara White, Monica Billger, Melissa Papadopoulos, Quanesha Archer, Ijeoma Uwakwe, Kat Combs, L'Tanya Gilchrist, Sherry Capps, Cindy Stevenson, Erick Holguin, Dorothea Brock, Caroline Blackwell Young, Deanie Eldridge, Angie Watson, Terri Moore, Belen Rogers, Beth Shook, T. Tatem</p> | | | |

Meeting Highlights

Topics and Points of Discussion

1. Welcome and Approval of February 3, 2023 Meeting Minutes

- Chris Memering, North Carolina Diabetes Advisory Council (NC DAC) Co-Chair, welcomed all participants and called for approval of the February 3, 2023 meeting minutes.

2. Announcements

- The 2023 Awards nomination period will open on June 1 and close July 31, 2023. More information on the awards and the link for nominating are posted at <https://www.diabetesnc.com/diabetes-advisory-council/> .
- Call for volunteers to serve on the Awards Submission Review Committee: Dr. Leonor Corsino, Angie Watson, and Diana Laursen volunteered.



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- There are many opportunities for volunteer at diabetes camps this summer. More information can be found at [Find a Camp – Diabetes Education & Camping Association \(diabetescamps.org\)](https://diabetescamps.org)
- The NC Coordinating Body of ADCES 2023 Diabetes Conference will be held on October 20, 2023 at the Friday Center in Chapel Hill.
- Senate Bill 717 – Affordable Access to Insulin Act went into law/practice with CMS in April 2023.

3. Breakout Rooms and Reporting

- Membership Workgroup Discussion Reporting
 - o Gaps in geographic representation of DAC membership
 - o We need to understand our current membership better by including specific questions in the membership survey
 - o Need to re-evaluate what it means to be a member and what the expectations are
 - o Need to have a way to apply to be a member of the DAC
- Interest Survey Workgroup Discussion Reporting
 - o Questions that should be asked: Should we add a term limit with option to renew? Are you a member or stakeholder? Do you want to be a voting member? What are your perceived DAC benefits? Are you comfortable with advocacy work or interested in advocacy training? What are your areas of expertise? How active are you – why are why not? Does having a hybrid option make a difference to your engagement in the DAC? Are the DAC objectives clear?
 - o Have a breakout group for new member orientation/DAC membership refresher
- Abstract Workgroup Discussion Reporting
 - o Goal is to raise awareness of the guide, but we need to learn more about who has the guide and how are they using it
 - o Need to collect information from clicks of guide downloads on the website
- If you were not in a workgroup, but want to be please reach out to Corissa Payton at Corissa.Payton@dhhs.nc.gov

4. Summary Changes in Standards of Medical Care in Diabetes

- Dr. Susan Spratt and Dr. Leonor Corsino presented on updates to the Standards of Medical Care in Diabetes
- Classification and diagnosis of diabetes
 - o Point-of-care A1c testing for diabetes screening and diagnosis should be restricted to US FDA approved devices at laboratories proficient in performing testing of moderate complexity or higher by trained personnel
 - o Consider causes of false A1c readings
- Screening for NAFLD in patients with diabetes
 - o Checking LFTs in not enough
 - o 70% of patients with T2D have some element of NAFLD
- Glycemic targets and TIR based on age
- Changes in the ADA recommendations of pharmacological approaches to glycemic treatment



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- CVD and risk management – changes to BP and LDL guidelines
 - o For people with DM age 40-75 at higher CVD risk, it is recommended to use high-intensity statin therapy to reduce LDL cholesterol by more or equal to 50% and to target an LDL cholesterol of < 70 mg/dL.
 - o For people with DM and CVD, treatment with high-intensity statin therapy is recommended to target an LDL cholesterol reduction of more or equal to 50% from baseline and an LDL cholesterol goal of <55 mg/dL
 - o The on-treatment target blood pressure goal is <130/80 mmHg, if it can be safely attained
- SGLT2i indications in chronic kidney disease and risk management

5. Medicaid Updates

- Dr. Shannon Dowler, Chief Medical Officer NC Medicaid, presented on updates from NC Medicaid
- Current work happening includes permanent policy modifications after COVID, continuous Medicaid coverage expansion, CHIP merger, workforce challenges, managed care issue resolution, and tailored care management launch
- Standard and tailored plan demographic variances for multiple metrics
- Improvement plans include outreach to members with poor management for education and support, outreach to providers, system changes to collect more accurate data, and increase value added benefits to improve diabetes management (i.e. gyms, WW, food support)
 - o Less than 1% of beneficiaries utilize the value added benefits
- For more information, you can visit ncmedicaidplans.gov

6. Announcements

- If you attended this meeting or reviewed the meeting highlights and would like to be added to the DAC listserv as a stakeholder, please email Corissa Payton at Corissa.Payton@dhhs.nc.gov
- Next meeting will be on Friday, October 27 at the McKimmon Center for DAC meeting and awards ceremony and reception

Next Meeting: Friday, February October 27, 2023

9:30am – 12:30pm EST

McKimmon Center in Raleigh

diabetesnc.com/diabetes-advisory-council/

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