



North Carolina Diabetes Advisory Council
The North Carolina Diabetes Advisory Council (DAC) Awards and Scholarship

2024 DAC Awards Nomination and Application Form:

<https://communityandclinicalconnections.formstack.com/forms/ncdiabetesaward2024>

Each year the DAC accepts and selects nominations to recognize those who have demonstrated exemplary work in diabetes prevention and management including employers, caregivers, faith communities, health care providers, and pharmacists. **Those nominated must have encouraged others to eat healthy, be physically active, live tobacco free, get adequate sleep, participate in a diabetes program, or adhere to a personalized diabetes treatment plan as outlined in [North Carolina's Guide to Diabetes Prevention and Management](#) (Review pages 32-33; 38-41).** Nominators and scholarship applicants are required to complete the online application/nomination form along with a letter of recommendation outlining specifics of how the nominee supports diabetes prevention and management as outlined in the NC Guide to Diabetes Prevention and Management . Nominations are open from May 17 - July 31, all applications/nominations must be received by July 31st at 5:00 pm. Award recipients are selected in September, invited to the Fall DAC Meeting on October 18, 2024 and recognized during the awards ceremony.

The award and scholarship categories are:

[John Bowdish Community Award](#)

Recognizes a person or organization that has provided community support in one or more of the areas highlighted above from North Carolina's Guide to Diabetes Prevention and Management.

[Myrna Miller Employer Award](#)

Recognizes an employer who has provided support in one or more of the areas highlighted above from North Carolina's Guide to Diabetes Prevention and Management.

[Health Care Provider Award](#)

Recognizes a hospital, clinic, health care organization or person in the health care field who has provided support in one or more of the areas highlighted above from North Carolina's Guide to Diabetes Prevention and Management.

[Hugh Young Diabetes Care and Education Specialist Scholarship](#)

Recognizes a diabetes care and education specialist with a one-time financial award to participate in one of the following:

1. American Diabetes Association Annual Conference.
2. Association of Diabetes Care & Education Specialists Conference or Training
3. Other national meetings that support diabetes care and education efforts.
4. A training to become a certified Diabetes Prevention Program Master Trainer* by a CDC-approved Lifestyle Coach and Master Training Entity.
**Please note: If making this selection, the awardee must be a current and practicing trained Diabetes Prevention Program Lifestyle Coach.*
5. A North Carolina training that supports diabetes care and education efforts.

[Past DAC Award Winners](#)

For questions or additional information about the DAC Awards, please contact dac@diabetesnc.com.

John Bowdish Community Award

The John Bowdish Community Award recognizes a **person or organization** that has provided community support in one or more of the following areas: Encourage others to eat healthy, be physically active, live tobacco free, get adequate sleep, participate in a diabetes program, or adhere to a personalized diabetes treatment plan, as outlined in [North Carolina's Guide to Diabetes Prevention and Management](#).



John Bowdish was an original member of the NC Diabetes Council. As a person with diabetes, he was a tireless advocate for those who shared his condition. He was instrumental in passing two of the most powerful pieces of legislation regarding diabetes in North Carolina, allowing people with diabetes to have their medication, supplies and education covered by insurance. He also helped to ensure the safety and inclusion of children with diabetes in school. These awards honor community members who exemplify the spirit of Mr. Bowdish and who engage their community in activities that support diabetes prevention and management.

Selection Criteria

The award recipient will be selected based on his or her ability to demonstrate the success and impact of completed work in diabetes prevention and/or management.

Application Form

Please complete one (1) Diabetes Award Nomination Form online, which includes the following:

1. Letter of Recommendation

- a. From individual(s) familiar with the nominee's work and have a professional relationship with the nominee that outlines specific details of how the nominee support diabetes prevention and management as outlined in North Carolina's Guide to Diabetes Prevention and Management.
- b. Ensure the letter of recommendation covers all the strategies selected on the online application.

2. Optional: Additional pertinent information included as attachments

Please note: Self-referrals or self-nominations will not be accepted or reviewed by the DAC Awards Review Committee.

Deadline for Applications

The completed online application form including a letter of recommendation outlining specifics of how the nominee supports diabetes prevention and management as outlined in the NC Guide to Diabetes Prevention and Management must be received by **July 31st at 5:00pm.**

Myrna Miller Employer Award

The Myrna Miller Employer Award recognizes an **employer** who has provided support in one or more of the following areas: Encourage others to eat healthy, be physically active, live tobacco free, get adequate sleep, participate in a diabetes program, or adhere to a personalized diabetes treatment plan, as outlined in [North Carolina's Guide to Diabetes Prevention and Management](#).



Myrna Miller Wellons, a social worker and lawyer, was a women's rights and social welfare champion. She was employed in corporate affairs for Lilly USA at her death and was responsible for the company's government relations in North Carolina, Virginia, West Virginia, Kentucky, Tennessee and Arkansas on mental health and diabetes issues. She led efforts to educate consumers for the first Diabetes Day at the NC General Assembly in 2008. Her friends and professional colleagues remember her energy and passion for her work and her causes which included social work and diabetes. She served as the Vice Chair of the NC Diabetes Advisory Council from 2008 until her death in March 2010 of a stroke.

Selection Criteria

The award recipient will be selected based on his or her ability to demonstrate the success and impact of completed work in diabetes prevention and/or management.

Application Form

Please complete one (1) Diabetes Award Nomination Form online, which includes the following:

1. Letter of Recommendation

- a. From individual(s) familiar with the nominee's work and have a professional relationship with the nominee that outlines specific details of how the nominee support diabetes prevention and management as outlined in North Carolina's Guide to Diabetes Prevention and Management.
- b. Ensure the letter of recommendation covers all the strategies selected on the online application.

2. Optional: Additional pertinent information included as attachments

Please note: Self-referrals or self-nominations will not be accepted or reviewed by the DAC Awards Review Committee.

Deadline for Applications

The completed online application form including a letter of recommendation outlining specifics of how the nominee supports diabetes prevention and management as outlined in the NC Guide to Diabetes Prevention and Management must be received by **July 31st at 5:00pm.**

Health Care Provider Award

The Health Care Provider Award recognizes **a hospital, clinic, health care organization or person in the health care field** who has provided support in one or more of the following areas: Encourage others to eat healthy, be physically active, live tobacco free, get adequate sleep, participate in a diabetes program, or adhere to a personalized diabetes treatment plan, as outlined in [North Carolina's Guide to Diabetes Prevention and Management](#).

Selection Criteria

The award recipient will be selected based on his or her ability to demonstrate the success and impact of completed work in diabetes prevention and/or management.

Application Form

Please complete one (1) Diabetes Award Nomination Form online, which includes the following:

3. Letter of Recommendation

- a. From individual(s) familiar with the nominee's work and have a professional relationship with the nominee that outlines specific details of how the nominee support diabetes prevention and management as outlined in North Carolina's Guide to Diabetes Prevention and Management.
- b. Ensure the letter of recommendation covers all the strategies selected on the online application.

4. Optional: Additional pertinent information included as attachments

Please note: Self-referrals or self-nominations will not be accepted or reviewed by the DAC Awards Review Committee.

Deadline for Applications

The completed online application form including a letter of recommendation outlining specifics of how the nominee supports diabetes prevention and management as outlined in the NC Guide to Diabetes Prevention and Management must be received by **July 31st at 5:00pm.**

Hugh Young Diabetes Care and Education Specialist Scholarship

The Hugh Young Diabetes Care and Education Specialist Scholarship recognizes and financially supports one deserving diabetes care and education specialist in North Carolina who has made outstanding and long-lasting contributions to diabetes prevention, care, education, and management. The Hugh Young Award provides a one-time scholarship up to \$1,600 to an individual selected by the NC DAC Awards Committee and determination will be based upon the selection criteria and a complete application form with required documents.



Hugh Young was a former chair of the NC Diabetes Advisory Council. For over twenty years he was Director of the Edgecombe County Health Department until he retired in 1993. During his career, Mr. Young received several awards from the North Carolina Association of Local Health Directors, the North Carolina Public Health Association and the North Carolina Hospital Association. Hugh Young dedicated his professional career to promoting public health. His family has assured that his legacy lives on by helping deserving diabetes care and education specialists.

Selection Criteria

The award recipient will be selected based on his or her ability to demonstrate the success and impact of completed work in diabetes prevention, care, education, and management as well as a commitment to advance his or her education as a diabetes care and education specialist. The one-time financial award will be used to support the awardee's participation in one of the following:

1. American Diabetes Association Annual Conference.
2. Association of Diabetes Care & Education Specialists Conference or Training.
3. Other national meetings that support diabetes care and education efforts.
4. A training to become a certified Diabetes Prevention Program Master Trainer* by a CDC-approved Lifestyle Coach and Master Training Entity.

**Please note: If making this selection, the awardee must be a current and practicing trained Diabetes Prevention Program Lifestyle Coach.*

5. A North Carolina training that supports diabetes care and education efforts.

Application Form

Please complete one (1) Diabetes Award Nomination Form online, which includes the following:

5. Letter of Recommendation

- a. From individual(s) familiar with the nominee's work and have a professional relationship with the nominee that outlines specific details of how the nominee support diabetes prevention and management as outlined in North Carolina's Guide to Diabetes Prevention and Management.
- b. Ensure the letter of recommendation covers all the strategies selected on the online application.

6. Optional: Additional pertinent information included as attachments

Deadline for Applications

The completed online application form including a letter of recommendation outlining specifics of how the nominee supports diabetes prevention and management as outlined in the NC Guide to Diabetes Prevention and Management must be received by **July 31st at 5:00pm.**

2023 DAC Award Winners



Health Care Provider Award
Pinehurst Medical Clinic



John Bowdish Community Award
Shemecka McNeil, Slice 325



Hugh Young Diabetes Care and Education Specialist Scholarship
Callie Huneycutt, MS, RD, LDN

2022 DAC Award Winners



Health Care Provider Award
Angie Watson, Pitt County Public Health
Department



Health Care Provider Award
Dr. Karen Sherr, MD, PhD, Duke University

2021 DAC Award Winners



John Bowdish Community Award

Ashton Johnson, MPH, Granville-Vance Public Health



Hugh Young Educator Scholarship

Sarah Bologna, MS, RN, ACNS-BC, Duke Regional Hospital



Health Care Provider Award

Dr. Leonor Corsino, MD, MHS, Duke University School of Medicine



Myrna Miller Employer Award

Dosher Memorial Hospital



North Carolina Diabetes Advisory Council

2020 DAC Award Winners



John Bowdish Community Award

Cabarrus Health Alliance Minority Diabetes Prevention Program



Health Care Provider Award

Dr. Shiv Patil – East Carolina University, Brody School of Medicine, Department of Family Medicine



Hugh Young Educator Scholarship

Bridget Carroll – YMCA of Southeastern NC



North Carolina Diabetes Advisory Council

2019 DAC Award Winners

John Bowdish Community Award

- Renee Kemske – Orange County Health Department, DSMES Program

Myrna Miller Employer Award

- Jason Horay and Curi, Inc.

Health Care Provider Award

- Dr. Charles Cook – Raleigh Associated Medical Specialists
- Whitney Jezek – Onslow County Health Department



2018 DAC Award Winners

John Bowdish Community Award

- Rachel Marquez - Healthy Communities Department at Cone Health
- Susan Houston – Vidant Health

Myrna Miller Employer Award

- Ahunna Freeman - Southside Discount Pharmacy

Health Care Provider Award

- Healthy Communities Department at Cone Health
- Melissa Herman - FirstHealth Diabetes & Nutrition Center



2017 DAC Award Winners

John Bowdish Community Award

- Dr. Ijeoma Uwakwe, Wilson Value Drugs
- Ms. Shannon Summer, Clay County Health Department

Myrna Miller Employer Award

- Ms. Krista Ariail, QunitilesIMS
- Cleveland County Health Department

Healthcare Provider Award

- Dr. Susan Spratt, Duke University Medical Center
- Martin Tyrell Washington Health District





North Carolina Diabetes Advisory Council

2016 DAC Award Winners

Myrna Miller Employer Award

- CarolinaEast Health Systems

John Bowdish Community Award

- Rev. Richard Joyner
- Centralina Area Agency on Aging
- YMCA of Western North Carolina

