



North Carolina Diabetes Advisory Council

Welcome

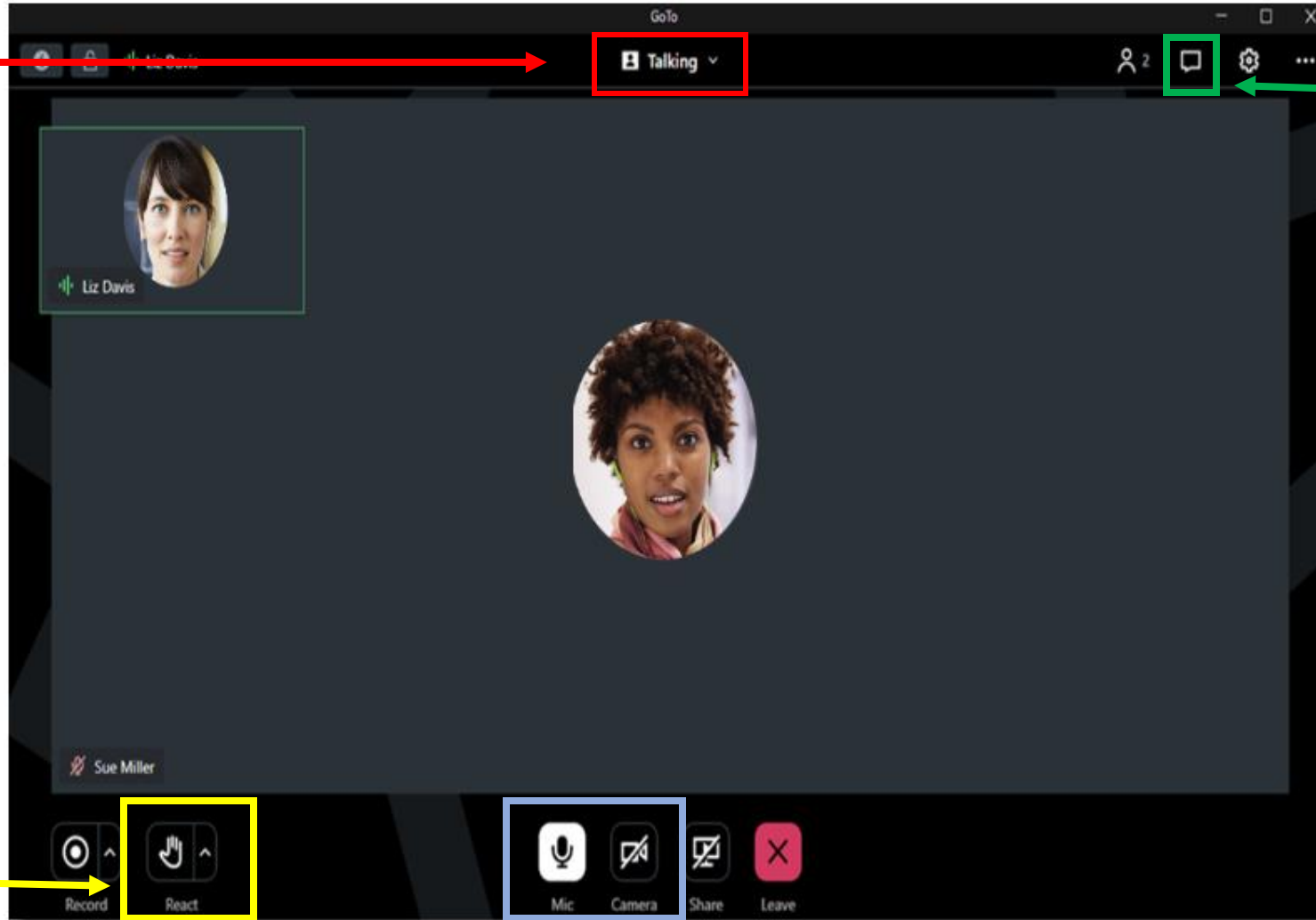
Friday, October 11, 2024



North Carolina Diabetes Advisory Council

GoToMeeting Housekeeping: What You See as an Attendee

Change your view and how you see participants and speakers



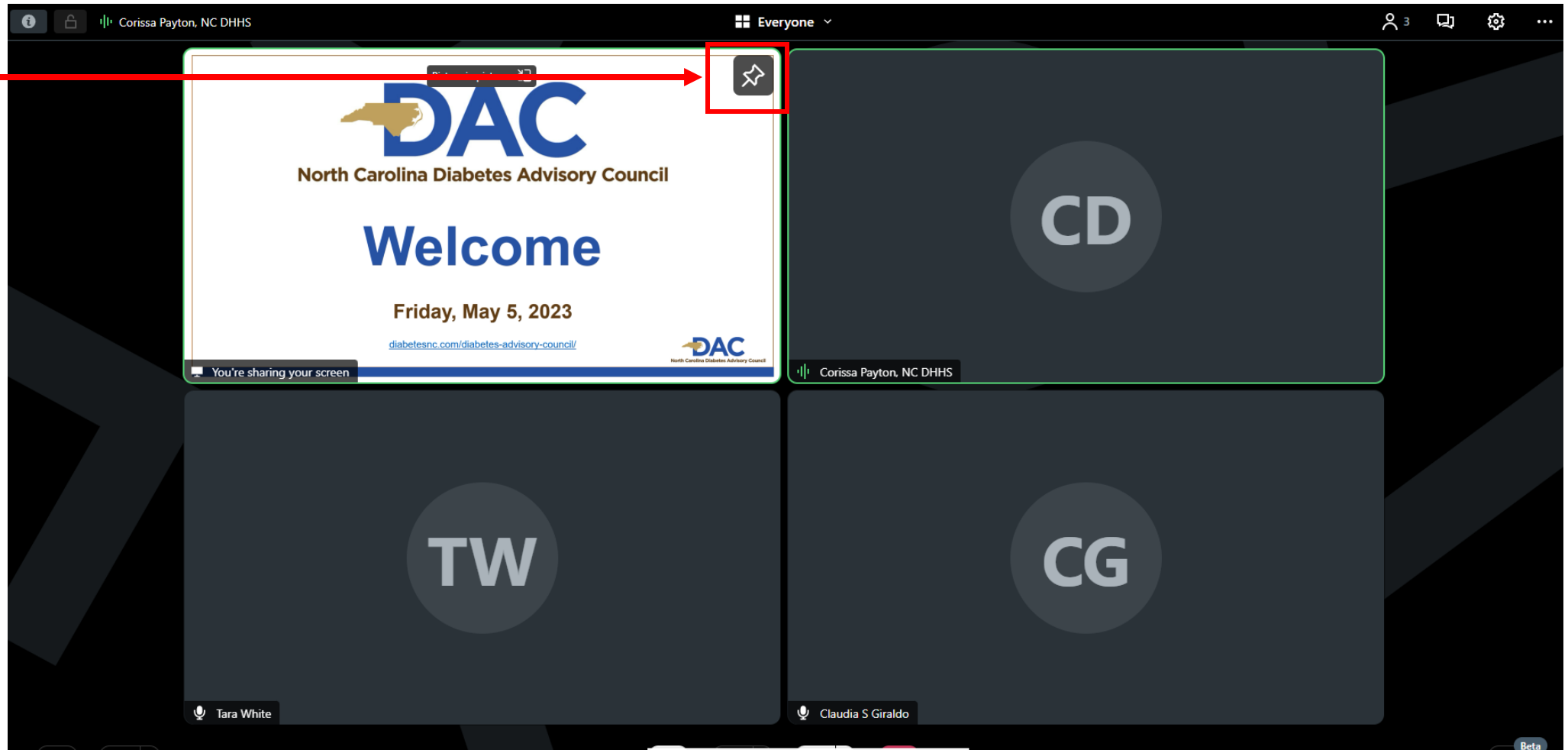
Chat box

Raise your hand and other reactions

Mic (mute) and Camera

GoToMeeting Housekeeping: What You See as an Attendee

Use the Push Pin icon to pin the slideshow to make it the main screen



GoToMeeting Housekeeping: What You See as an Attendee

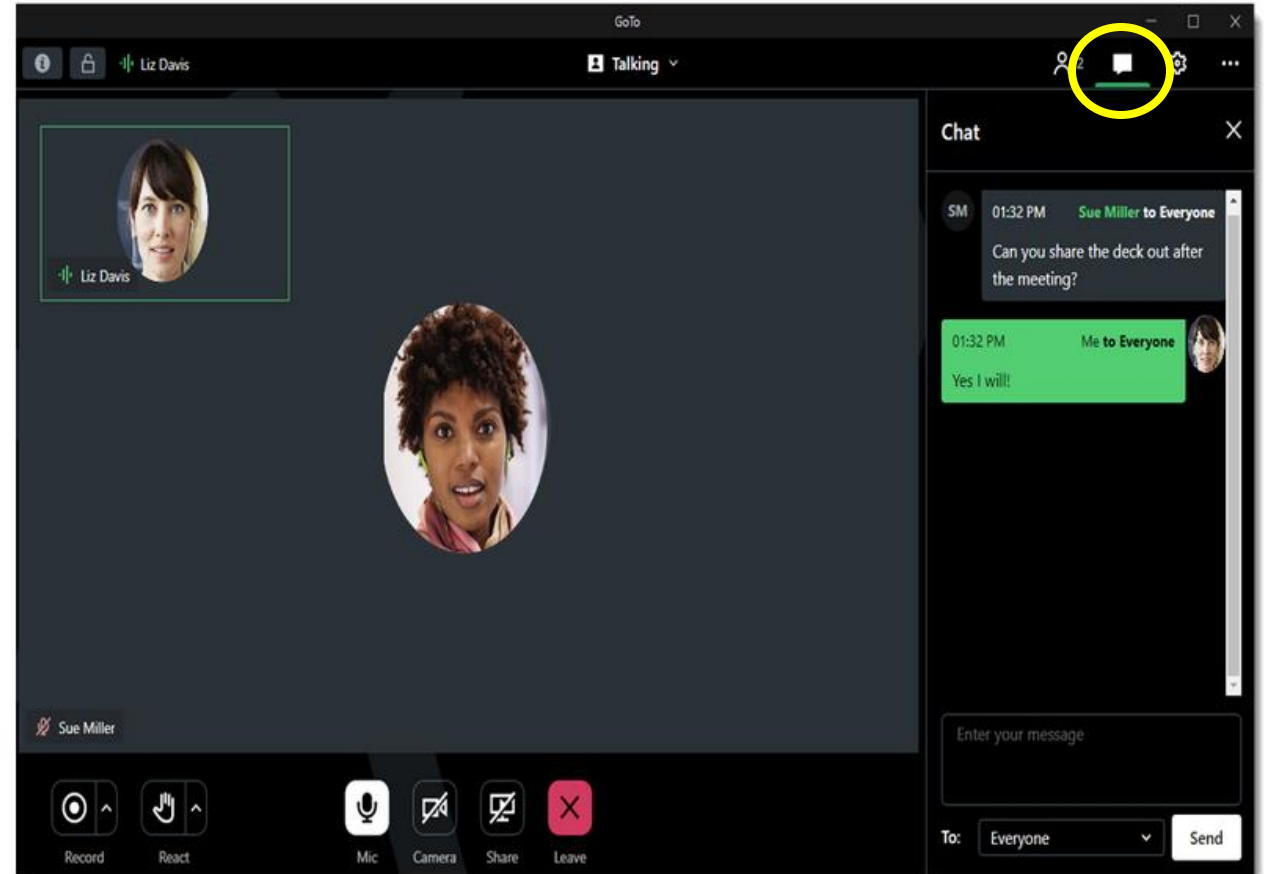
Then it should be the main screen



Roll Call

Please enter the following information in the chat for our attendance records:

Name
Organization/Affiliation
Email Address



diabetesnc.com/diabetes-advisory-council/



North Carolina Diabetes Advisory Council

Agenda

- Welcome, Introductions and Review and Approval of May 2024 Highlights
- Announcements
- Effects of Elevated Cortisol on Diabetes Management
- Break
- State of the DAC and 2024 Survey Launch
- Workgroup Reporting
- Bylaws Updates, New Chair, Voting
- NC Health Disparities Analysis Report 2024
- 2024 DAC Awards Ceremony and Reception





Past Diabetes Advisory Council Meetings

October 29, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Health Equity in Context – Cornell Wright](#)

[West Marion Community Forum](#)

[DSMES Updates](#)

June 4, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Guide Webinar Evaluation and Metrics](#)

[Diabetes and Hearing](#)

[Diabetes and COVID-19](#)

February 19, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[2021 ADA Standards of Medical Care in Diabetes](#)

[2020-2025 USDA Dietary Guidelines](#)

[NC Diabetes Registry](#)

[DSMES Updates](#)

diabetesnc.com/diabetes-advisory-council/



DAC Voting Members

Current DAC Member List

Name	Affiliation
Joanne Rinker, Co-Chair	Mankind
Christine Memering, Co-Chair	Carolina East Medical Center, ADCES
Gideon Adams	Food Bank of Central and Eastern North Carolina
Caroline Blackwell Young	Wake Forest University, School of Medicine
Paul Bray	ECU Health
Pat Cannon	Novo Nordisk
Leonor Corsino	Duke University Medical Center
Vandana Devalapalli	Blue Cross Blue Shield of NC
Kathy Dowd	The Audiology Project
Laura Edwards	Collaborative Health Solutions
Susan Houston	ECU Health
Joseph Konen	
Diana Laursen	Academy of Nutrition and Dietetics
Monique Mackey	Area L AHEC
Melanie Mabrey	NC Board of Nursing
Julie Paul	Wake Med Health & Hospitals
Sharon Pearce	Carolina Anesthesia Associates
Carmen Samuel-Hodge	University of North Carolina at Chapel Hill
Susan Spratt	Duke University Medical Center
	American Diabetes Association
Sheree Vodicka	NC Alliance of YMCA's
Natasha Vos	UNC – Asheville
Linda Wooley	New Hanover Regional Medical Center
Marico Dove	Advance Community Health Center
Members Emeritus	
John Buse	UNC-CH School of Medicine
Liaison Member	
Ciara Ruske	NC Division of Public Health, Cancer Prevention and Control Branch
Amy Johnson	NC Division of Public Health, Children and Youth Branch
Joyce Swetlick	NC Division of Public Health, Tobacco Prevention and Control Branch



Announcements

Chris Memering
Joanne Rinker



North Carolina Diabetes Advisory Council

2025 DAC Meeting Dates

February 7, 2025

May 2025 TBD

October 2025 TBD

**Meeting will be held at the McKimmon Center in Raleigh
with a virtual option.**

DAC Newsletter

<https://www.diabetesnc.com/>



Newsletter | September 2024



From the Desk of Our Co-Chairs

DAC Members,

As we wrap up 2024, I want to give a huge shout out to Chris Memering who has been a Co-Chair for 2 full terms on the DAC. Chris has graciously volunteered her time while also serving as an ADCES Board of Directors member, working full time at Carolina East Health as an inpatient diabetes guru and being an awesome Mom to her daughter Zabby, who is now at NC state and her son, Zane who just started

Thank you to Claudia Giraldo and Co-Chairs, Chris Memering and Joanne Rinker, for their contributions to the DAC Newsletter.



North Carolina Diabetes Advisory Council

26th Annual Diabetes Management Conference

26th Annual Diabetes Management Conference

Friday, November 15, 2024

8:15 am – 3:45 pm

In-person!

Wake Forest University
Benson University Center
2120 Eure Dr.
Winston-Salem, NC 27109



© Atrium Health Wake Forest Baptist

Register TODAY at www.nwahaec.org/73483

Overview

This conference is designed to provide diabetes best practices for healthcare professionals. Participants will gain knowledge about specific topics in the field of diabetes management. It is imperative that providers remain educated in all aspects of their patients' care, from clinical management to behavior and quality of life.



North Carolina Diabetes Advisory Council

American Diabetes Association State of Diabetes Charlotte and Durham



**2024
State of
Diabetes**



Date: Tuesday, November 12th, 2024
Time: 9AM to 11AM
Location: Northeastern University (2151 Hawkins St #800, Charlotte, NC)

**2024
State of
Diabetes**



Date: Friday, November 15th, 2024
Time: 8:30AM to 11AM
Location: NCCU Student Union (500 Nelson St. Durham, NC 27707)



2024 Diabetes Technology Conference



2024 ADEPT Conference

2024 ADEPT
CONFERENCE



+



Achieving **Diabetes Equity in Practice Today**

Chicago Marriott Downtown Magnificent Mile

November 12 & 13, 2024



North Carolina Diabetes Advisory Council

2025 ADA Clinical Updates Conference

Save the Date

2025 Clinical Update Conference
January 31–February 2, 2025



North Carolina Diabetes Advisory Council

Diabetes Pharmacy Collaborative

Community & Clinical
CONNECTIONS
for Prevention & Health
Branch NORTH CAROLINA DHHS
DIVISION OF PUBLIC HEALTH

DIABETES PREVENTION AND MANAGEMENT PHARMACY LEARNING COLLABORATIVE

The Pharmacy Learning Collaborative promotes Diabetes Prevention Programs (DPP) and Diabetes Self-Management Education and Support (DSMES) services in pharmacies to reduce the impact of prediabetes and diabetes.

NOVEMBER 19, 2024

 11 AM  <https://meet.goto.com/517463781>

For questions, contact Meg Sargent meg.sargent@dhhs.nc.gov



North Carolina Diabetes Advisory Council

Hurricane Helene Communication



Follow the NC Diabetes Advisory Council on LinkedIn for updates and ways to help those living with diabetes affected by Hurricane Helene.



Diabetes North Carolina



Diabetes Prevention ▾

Diabetes Management ▾

Diabetes Advisory Council



North Carolina Diabetes Advisory Council

Effects of Elevated Cortisol on Diabetes Management

Dr. John Buse, MD, PhD



North Carolina Diabetes Advisory Council

Break
10 minutes



North Carolina Diabetes Advisory Council

State of DAC and 2024 Membership Survey Launch

Chris Memering
Joanne Rinker



North Carolina Diabetes Advisory Council

2023 DAC Survey Results

- **Updated Bylaws**

- Clearly defined membership criteria and responsibilities
- Changed "stakeholder" to "collaborator"

- **Advocacy Training**

- Scheduled for February

- **Workgroup Accomplishments**

- Created workgroups for member involvement in council structure and information dissemination
- Developed NC Guide on Diabetes Prevention and Management
- Created an onboarding process



2024 DAC Survey



North Carolina Diabetes Advisory Council

Please take a moment to complete the annual DAC Membership Survey for 2024. Your responses are essential for helping us improve as an advisory council and for our efforts to reduce the burden of diabetes in North Carolina.

Thank you for your participation.



Start



North Carolina Diabetes Advisory Council

DAC Workgroups Overview

Membership Workgroup

The purpose of this workgroup is to develop a standardized process for identifying and engaging a diverse group of diabetes professionals to join the NC DAC as either stakeholders or voting members.

Activities may include:

- 1) Developing a member survey to send to multi-disciplinary networks or organizations,
- 2) Assist the NC DAC leadership team in increasing awareness of the Council to individuals and organizations that are involved in diabetes care, education and advocacy.

This group would also identify gaps in our membership against the list of member representatives desired and then reach out to those orgs to request representation.

Abstract Workgroup

The purpose of this workgroup is to develop a standard presentation including talking points and handouts for any NC DAC representatives who are interested in submitting abstracts to state, national or international meetings or conferences.

Interest Survey Workgroup

The purpose of this workgroup is to develop an interest survey for current NC DAC voting members and stakeholders to identify professionals who desire to:

- 1) Continue to serve as voting members
- 2) Move from serving as stakeholders to voting members,
- 3) Increase involvement in the NC DAC by leading or participating in new workgroups, or
- 4) Present on current or future diabetes work during upcoming NC DAC meetings or other state or national professional meetings

Abstract Workgroup

Claudia Giraldo



North Carolina Diabetes Advisory Council

Objective: Give you an overview of changes and continuities to the Guide

Continuities

- Purpose
- Target audience
- Layout
 - Sections
 - Pictures
- Availability
 - Electronic and hard copy⁽²⁰²⁵⁾
 - English and Spanish ⁽²⁰²⁵⁾

Changes

- Title and cover
- Contents
- Headings and subheadings
- Medication section



North Carolina's Guide to Prevention and Management of Diabetes **2nd Edition**



MANAGE WEIGHT | LIVE TOBACCO FREE | PARTICIPATE IN LIFESTYLE CHANGE PROGRAMS
PARTICIPATE IN DIABETES EDUCATION | ENGAGE IN TREATMENT PLAN | GET ADEQUATE SLEEP

What can members of DAC do with the Guide?

Create spaces to deliver a formal or informal presentation about the North Carolina Guide to Prevention and Management of Diabetes 2nd Edition.

- Focus on reducing the risk of diabetes and its complications.
- Provide training on effectively presenting the information to diverse audiences.

Where to Download the Guide:

- [North Carolina Diabetes Advisory Council \(DAC\)](#)
- [Community and Clinical Connections for Prevention and Health, NC DHHS, Division of Public Health](#)
- [DiabetesManagementNC](#)
- [Diabetes North Carolina](#)



Abstract Workgroup Next Steps

- Upcoming Meeting
 - November 4th 8:30-9:30am
 - The objective of the meeting is to discuss and develop a plan for promoting and disseminating the guide.
 - Email Dominique.Ashley@dhhs.nc.gov to receive the meeting invite.



Membership Workgroup

Natasha Vos, UNC-Asheville



North Carolina Diabetes Advisory Council

Reminder: Changes to the by-laws

- Majority of suggested changes are related to changing language from stakeholders to collaborators (stakeholders language)
- Other changes include changing “removal” to “involuntary termination” and similar language adjustments



Membership Expectations

- Attend a minimum of 2 meetings (out of 3) annually, in-person or virtually, and vote on matters brought forward
- Serve as a sponsor to a new member and provide a brief orientation to the NC DAC
- Communicate with the co-chairs if there is any change in affiliation
- All current members will be expected to participate in one or more of the following:
 - Committee/workgroup
 - Arrangement of or present to the NC DAC at a meeting



Membership Expectations: Onboarding

- Upon acceptance of membership, new members:
- Will commit to attending a minimum of 2 meetings (out of 3) annually upon selection of membership
- Be paired with an existing member who will serve as a sponsor.
 - Sponsors can be chosen by new members or assigned by leadership
- Review the bylaws and connect with sponsor for more information



Membership Committee

- New membership applications will be reviewed by the membership committee in the fall (pilot the process)
- Onboarding “package”
 - Welcome letter
 - Bylaws and policy documents
 - List of existing members
 - North Carolina’s Guide to Diabetes Prevention and Management
 - Relevant websites (DSMES and DPP)



Membership Expectations: Retention

All members will serve for three-year terms. At the end of the three-year term, an NC DAC representative will reach out to confirm renewal of membership. If a member decides to leave the NC DAC, they will notify the co-chairs of the NC DAC by email. If a member is a part of a membership organization, they will nominate a replacement prior to their departure for the approval of the membership committee.



Representation

- NC Office of Minority Health and Health Disparities
- Representatives of organizations focused on diabetes prevention and management (community coalitions, community health workers, etc.)
- NC Quality Improvement Organization
- Faith-Based Organizations
- NC Office of Rural Health
- PPOD+A groups: Pharmacy, Podiatry, Optometry, Dental and Audiology
- Person(s) with Diabetes- we have several current members who have diabetes, but worth considering having a community member who can provide perspective outside of the healthcare field



Bylaws Updates, New Chair, Member Voting

Joanne Rinker
Chris Memering



North Carolina Diabetes Advisory Council

Section 4: Term of Membership

~~1- The initial term of membership for the NC DAC shall be a three-year tenure. Upon completion of the tenure of office, NC DAC members may be re-appointed by the Co-Chairs for additional 3-year terms, or may choose to retire. There are no term limits for members.~~

1. All members will serve for three-year terms. At the end of the three-year term, an NC DAC representative will reach out to confirm renewal of membership. If a member decides to leave the NC DAC, they will notify the co-chairs of the NC DAC by email. If a member is a part of a membership organization, they will nominate a replacement prior to their departure for the approval of the membership committee.

2. If a member resigns and a new member is appointed to complete the term, they will serve the remainder of that term and then are eligible for re-appointment.

3. There are no terms or term limits for liaison members or stakeholders collaborators.

4. Termination of Membership

a) Any member may resign by giving written notice to the presiding Co-Chairs to be effective upon receipt or at any later date specified in the notice.

b) Removal

1. When a NC DAC member is absent from more than two NC DAC meetings in a one-year period, without due cause or prior notification, the NC DAC Co-Chairs may send a letter to that member to determine his/her commitment to the NC DAC membership. The NC DAC Co-Chairs may also remove the member from the NC DAC if there continues to be a lack of participation.

2. Any member's NC DAC appointment may be rescinded if the NC DAC member does not abide by the COI policy or it is determined a flagrant COI exists.



Section 5: Onboarding of New Members

Upon acceptance of membership, new members:

- a. Will commit to attending a minimum of 2 meetings (out of 3), in-person or virtually, annually upon selection of membership
- b. Be paired with an existing member who will serve as a sponsor. Sponsors can be chosen by new members or assigned by leadership
- c. Review the bylaws and attend a brief orientation meeting with their sponsor

Section 6: Expectations of Members

1. Attend a minimum of 2 meetings (out of 3) annually, in-person or virtually, and vote on matters brought forward
2. All current members will be expected to participate in one or more of the following:
 - a. Subcommittee/workgroup
 - b. Arrangement of or present to the NC DAC at a meeting
3. Serve as a sponsor to a new member and provide a brief orientation to the NC DAC
4. Communicate with the co-chairs if there is any change in affiliation



NC Health Disparities Analysis Report 2024

Dr. Susan Spratt, Duke



North Carolina Diabetes Advisory Council



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2023 DAC Award Winners



The **North Carolina Diabetes Advisory Council Awards** recognize individuals or groups who have performed outstanding work in diabetes prevention and management.

Awards and Scholarship Categories:

- John Bowdish Community Award
- Myna Miller Employer Award
- Health Care Provider Award
- Hugh Young Diabetes Care and Education Specialist Scholarship

diabetesnc.com



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Health Care Provider Award

Recognizes a **hospital, clinic, health care organization or person in the health care field** who has provided support in one or more of the areas from NC's Guide to Diabetes Prevention and Management.

Myrna Miller Employer Award

Recognizes an **employer** who has provided support in one or more of the areas highlighted above from North Carolina's Guide to Diabetes Prevention and Management.

John Bowdish Community Award

Recognizes a **person or organization** that has provided support in one or more of the areas from NC's Guide to Diabetes Prevention and Management.

Hugh Young Diabetes Care and Education Specialist Scholarship

Recognizes a **diabetes care and education specialist** with a one-time financial award to participate in a diabetes specific training or conference.





North Carolina Diabetes Advisory Council



2024 Health Care Provider Award
Roanoke Chowan Community Health Center



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2024 John Bowdish Community Award

Diana Laursen



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2024 Myrna Miller Employer Award
Pinehurst Medical Clinic



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**2024 Hugh Young Diabetes Care and
Education Specialist Scholarship**
Lynsi Beers



North Carolina Diabetes Advisory Council

Point of Contact for February Meeting

Dominique Ashley
Diabetes Program Assistant, CCCPH
dominique.ashley@dhhs.nc.gov



Thank you for 4 wonderful years, Chris!





North Carolina Diabetes Advisory Council

Upcoming DAC Meetings

Friday, February 7, 2025

In-Person at The McKimmon Center for Extension and Continuing Education
1101 Gorman Street, Raleigh, NC 27606

Virtual Option Available

diabetesnc.com/diabetes-advisory-council



North Carolina Diabetes Advisory Council