



North Carolina Diabetes Advisory Council

Welcome

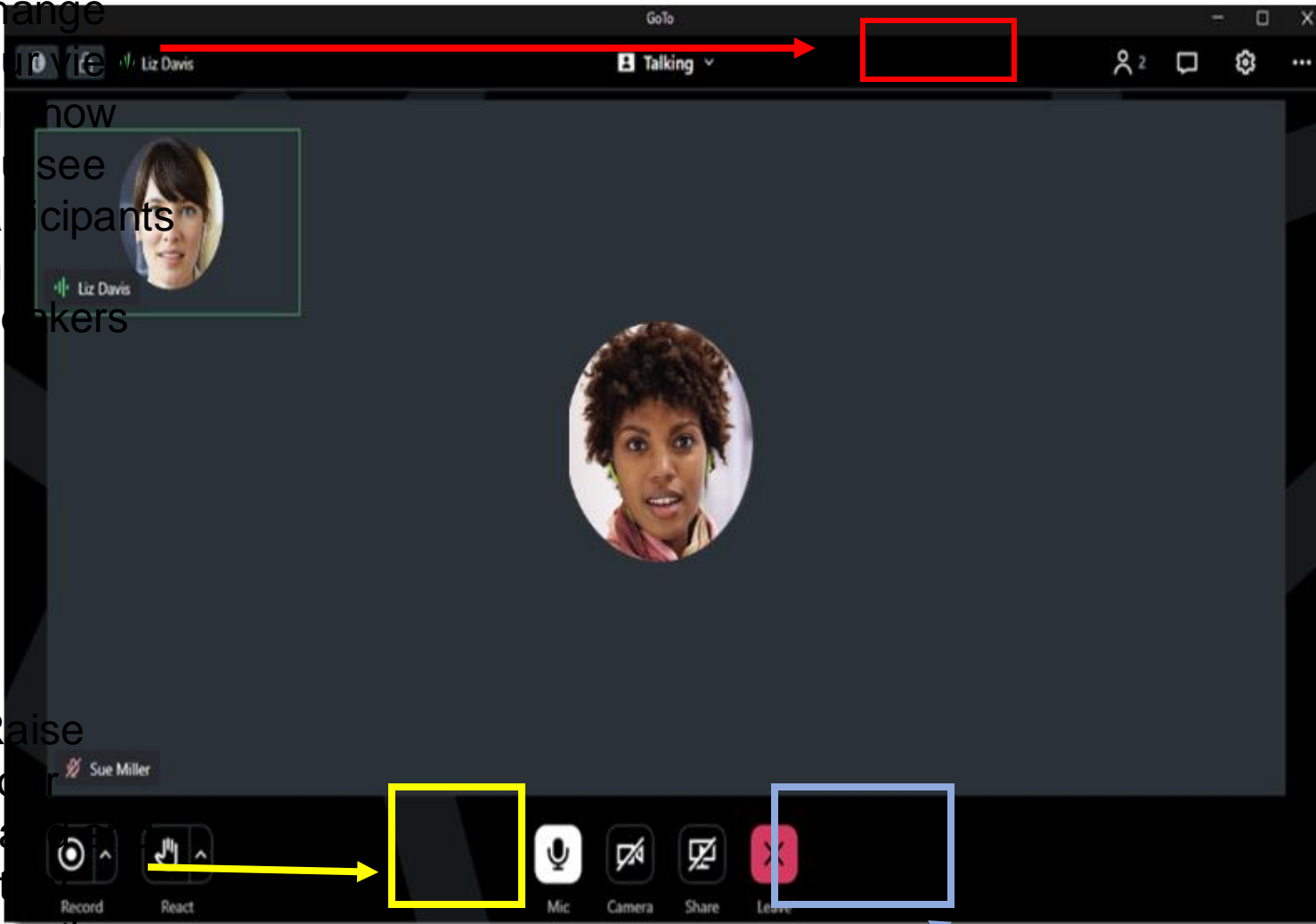
Friday, February 7, 2025



North Carolina Diabetes Advisory Council

GoToMeeting Housekeeping: What You See as an Attendee

Change
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← Chat box

Raise
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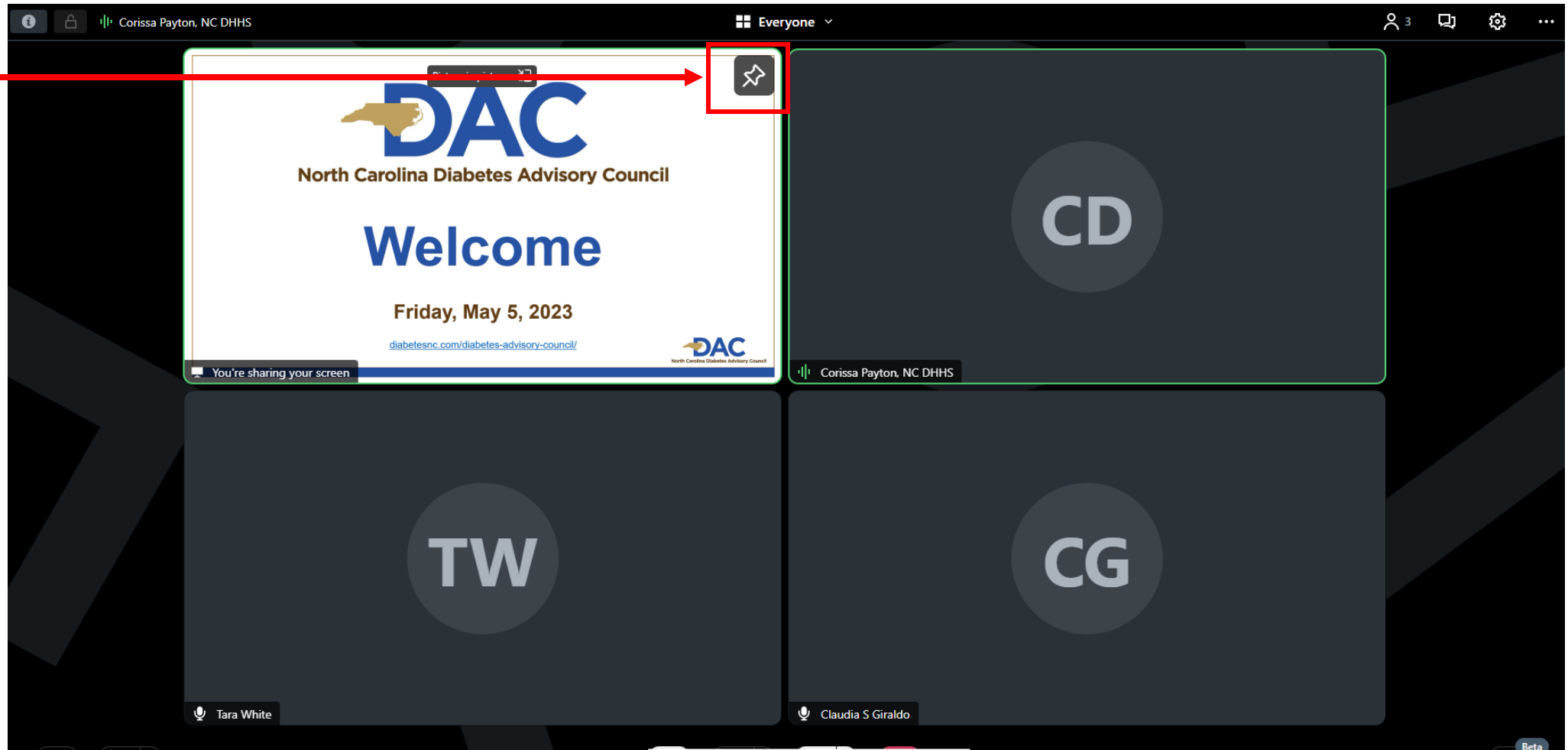
← Mic (mute) and Camera



North Carolina Diabetes Advisory Council

GoToMeeting Housekeeping: What You See as an Attendee

Use the Push Pin icon to pin the slideshow to make it the main screen



GoToMeeting Housekeeping: What You See as an Attendee

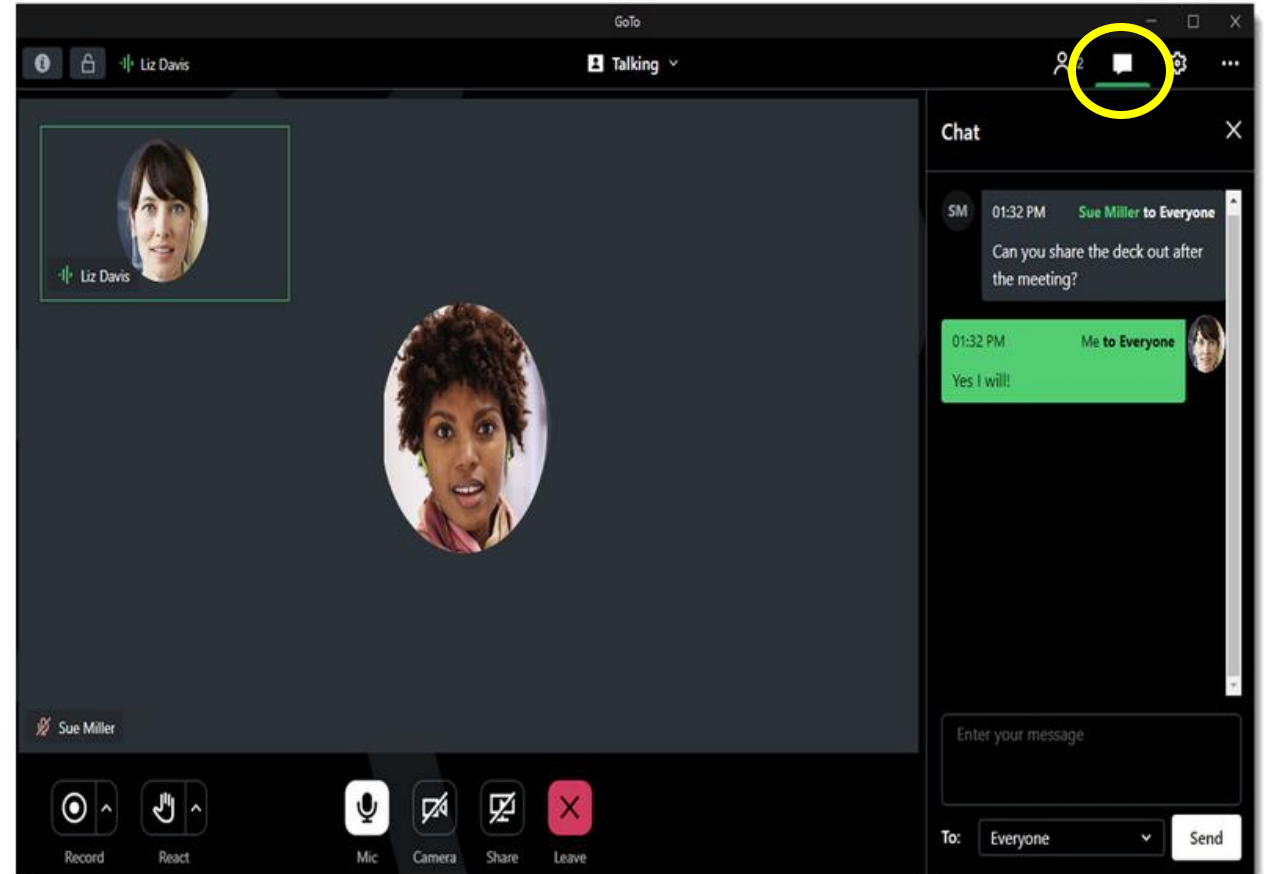
Then it should be the main screen

The screenshot shows a GoToMeeting window with a dark theme. At the top, there are four participant tiles: CD (Corissa Payton, NC DHHS), TW (Tara White), CG (Claudia S Giraldo), and H (Heather). The main content area is a white rectangle with a green border, displaying the DAC logo (a gold map of North Carolina next to the letters 'DAC'), the text 'North Carolina Diabetes Advisory Council', and a large 'Welcome' message. Below the welcome message is the date 'Friday, May 5, 2023' and the website URL 'diabetesnc.com/diabetes-advisory-council/'. A small DAC logo is also in the bottom right corner of the shared screen. The bottom of the meeting window features a control bar with icons for Record, React, Mic, Camera, Share, Leave, and Pop out. A 'Beta' badge is visible next to the Pop out icon. A 'Picture in picture' button is located above the shared screen, and a 'You're sharing your screen' notification is at the bottom left of the shared area.

Roll Call

Please enter the following information in the chat for our attendance records:

Name
Organization/Affiliation
Email Address



diabetesnc.com/diabetes-advisory-council/



North Carolina Diabetes Advisory Council

Agenda

- Welcome, Introductions and Review and Approval of October 2024 Highlights
- Announcements
- Advocacy Training and Q&A
- Break
- State of the DAC
- Workgroup Reporting
- Standards of Care Update





Past Diabetes Advisory Council Meetings

October 29, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Health Equity in Context – Cornell Wright](#)

[West Marion Community Forum](#)

[DSMES Updates](#)

June 4, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Guide Webinar Evaluation and Metrics](#)

[Diabetes and Hearing](#)

[Diabetes and COVID-19](#)

February 19, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[2021 ADA Standards of Medical Care in Diabetes](#)

[2020-2025 USDA Dietary Guidelines](#)

[NC Diabetes Registry](#)

[DSMES Updates](#)

diabetesnc.com/diabetes-advisory-council/



DAC Voting Members

Current DAC Member List

Name	Affiliation
Joanne Rinker, Co-Chair	Mankind
Christine Memering, Co-Chair	Carolina East Medical Center, ADCES
Gideon Adams	Food Bank of Central and Eastern North Carolina
Caroline Blackwell Young	Wake Forest University, School of Medicine
Paul Bray	ECU Health
Pat Cannon	Novo Nordisk
Leonor Corsino	Duke University Medical Center
Vandana Devalapalli	Blue Cross Blue Shield of NC
Kathy Dowd	The Audiology Project
Laura Edwards	Collaborative Health Solutions
Susan Houston	ECU Health
Joseph Konen	
Diana Laursen	Academy of Nutrition and Dietetics
Monique Mackey	Area L AHEC
Melanie Mabrey	NC Board of Nursing
Julie Paul	Wake Med Health & Hospitals
Sharon Pearce	Carolina Anesthesia Associates
Carmen Samuel-Hodge	University of North Carolina at Chapel Hill
Susan Spratt	Duke University Medical Center
	American Diabetes Association
Sheree Vodicka	NC Alliance of YMCA's
Natasha Vos	UNC – Asheville
Linda Wooley	New Hanover Regional Medical Center
Marico Dove	Advance Community Health Center
Members Emeritus	
John Buse	UNC-CH School of Medicine
Liaison Member	
Ciara Ruske	NC Division of Public Health, Cancer Prevention and Control Branch
Amy Johnson	NC Division of Public Health, Children and Youth Branch
Joyce Swetlick	NC Division of Public Health, Tobacco Prevention and Control Branch



Announcements

Dr. Susan Spratt
Joanne Rinker



North Carolina Diabetes Advisory Council

2025 DAC Meeting Dates

February 7, 2025

May 23, 2025

October 3, 2025

**Meeting will be held at the McKimmon Center in Raleigh
with a virtual option.**

DAC Newsletter

<https://www.diabetesnc.com/>



North Carolina Diabetes Advisory Council

Newsletter | January 2025



From the Desk of Our Co-Chairs

Thank you to everyone who contributed to the Winter DAC Newsletter!



North Carolina Diabetes Advisory Council

American Diabetes Association Camp



American Diabetes Association

Where Adventure Meets Growth

At American Diabetes Association® (ADA) Camp, children living with diabetes embark on a journey of growth and self-discovery in a safe, supportive environment. It's a week filled with new adventures and life-long friendships.

Discover ADA Camp

- Expert Medical Care
- Diabetes Skills Development
- Social Connections
- Tons of Fun!

CAMP! Save the Date
2025 Camp Registration
Opens: February 12

Camp Carolina Trails

Explore Camp & Register
diabetes.org/CampCarolinaTrails

Dates: August 3-7
Ages: 6-16
Location: Randleman, NC

Financial Assistance Available. We believe every child should experience the magic of camp and no child will be turned away due to cost.

NATIONAL SPONSORS

HELMSEY
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North Carolina Diabetes Advisory Council

Winning With Diabetes Conference



WINNING
WITH DIABETES

23rd Annual Conference
March 29, 2025
9am-3pm

Speak To Experts | Health Screenings & Resources
Design Your Wellness Plan!



Register by March 21, 2025
Fee: \$10 includes lunch
Monroe Conference Center, Greenville,
NC

For more information or to register visit
give.ecuhealthfoundation.org/WWD2025
or call 252-847-4149



North Carolina Diabetes Advisory Council

DPP Updates

NC Diabetes Prevention and Management Learning Collaborative:

- Tuesday, March 18 | 11:00 AM
- Open all in the pharmacy field, pharmacy residents, and/or students who are interested in learning about diabetes prevention and management in the pharmacy setting.



Sign up for DPP updates via the DPP Lifestyle Coach Network Newsletter on the DiabetesFreeNC.com website

DPP Updates

In a real-world population with prediabetes, enrollment in the National Diabetes Prevention Program (NDPP) is likely to save money



Design: Individual-level data analysis using health insurance claims to assess direct medical costs, self-report and HbA_{1c} levels to assess diabetes incidence, and surveys to assess EQ-5D-5L health utility scores

Time Horizon: Two years

Cost Value: 2020 U.S. dollars

Discount Rate: 3% annually



Perspective: Healthcare sector

RESULTS: Comparing enrollees to non-enrollees:



- Cost savings of about \$4,600 per person over 2 years (Figure)
- 2.8 percentage-point absolute risk reduction of developing diabetes over 2 years
- No difference in quality-adjusted life-years (QALYs) over 2 years



Figure. Average differences in direct medical costs, NDPP costs, and total costs over 2 years between NDPP enrollees and non-enrollees



Cost savings primarily related to lower costs for hospitalizations, outpatient visits, and emergency room visits among NDPP enrollees versus non-enrollees (Figure)

CONCLUSIONS:

Compared to non-enrollment, enrollment in the NDPP had:

- an **88%** probability of being cost-saving and resulted in:
- approximately **\$160,000 saved per case of diabetes prevented**
- approximately **\$4.6 million saved per QALY-lost (decrementally cost-effective)**
- a **net monetary benefit of approximately \$4,500** at a willingness-to-pay threshold of \$100,000 per QALY-gained

Shihchen Kuo, Wen Ye, Di Wang, Laura N. McEwen, Claudia Villatoro Santos, William H. Herman. Cost-effectiveness of the National Diabetes Prevention Program: A real-world, 2-year prospective study

DPP Updates

Meg Sargent

Diabetes Prevention Program Coordinator

North Carolina Division of Public Health

Meg.sargent@dhhs.nc.gov

DIABETES **FREE** NC



North Carolina Diabetes Advisory Council

Advocacy Training

Monica Billger, ADA



North Carolina Diabetes Advisory Council

Break
10 minutes



North Carolina Diabetes Advisory Council

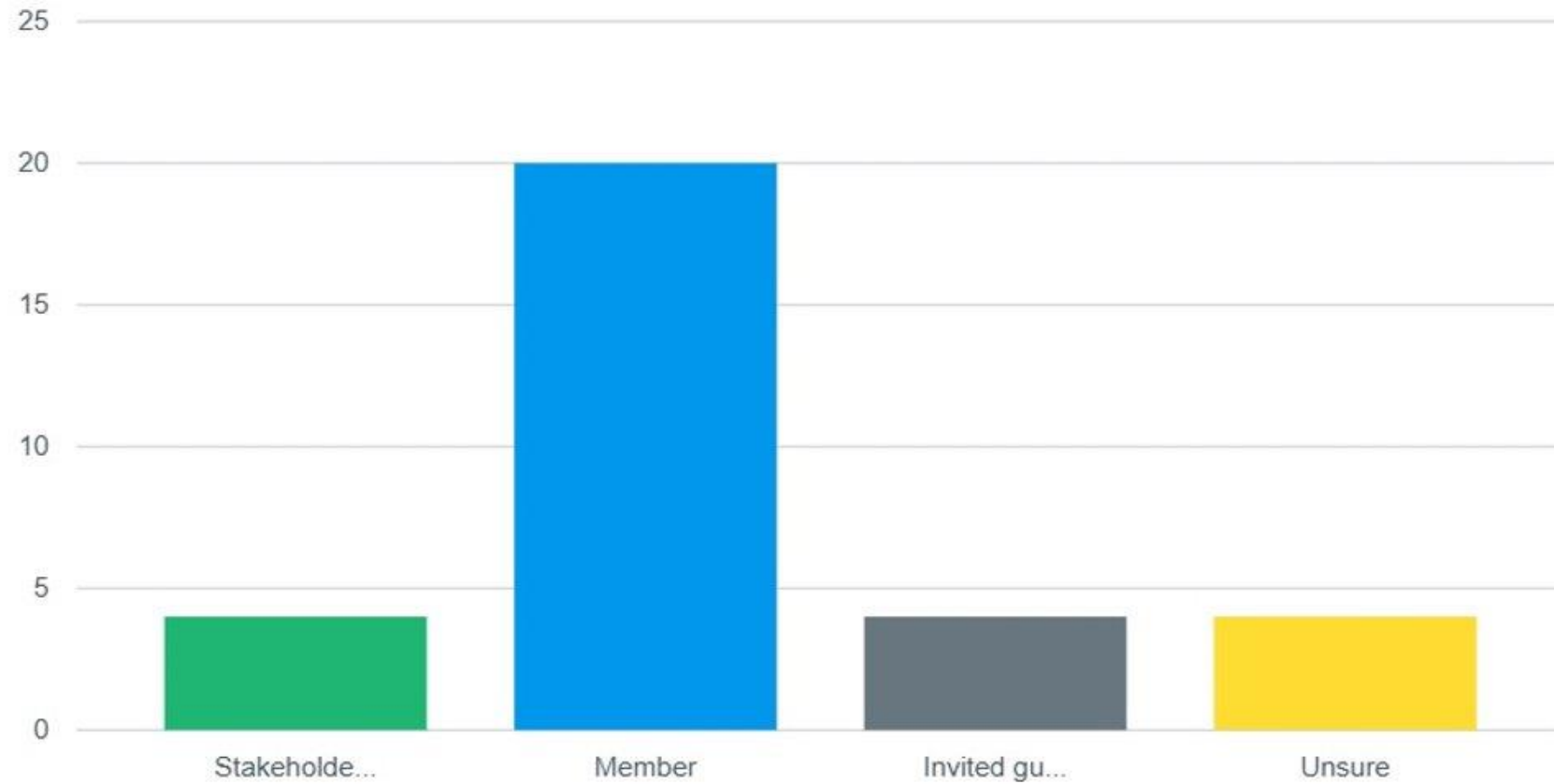
State of DAC

Dr. Susan Spratt
Joanne Rinker

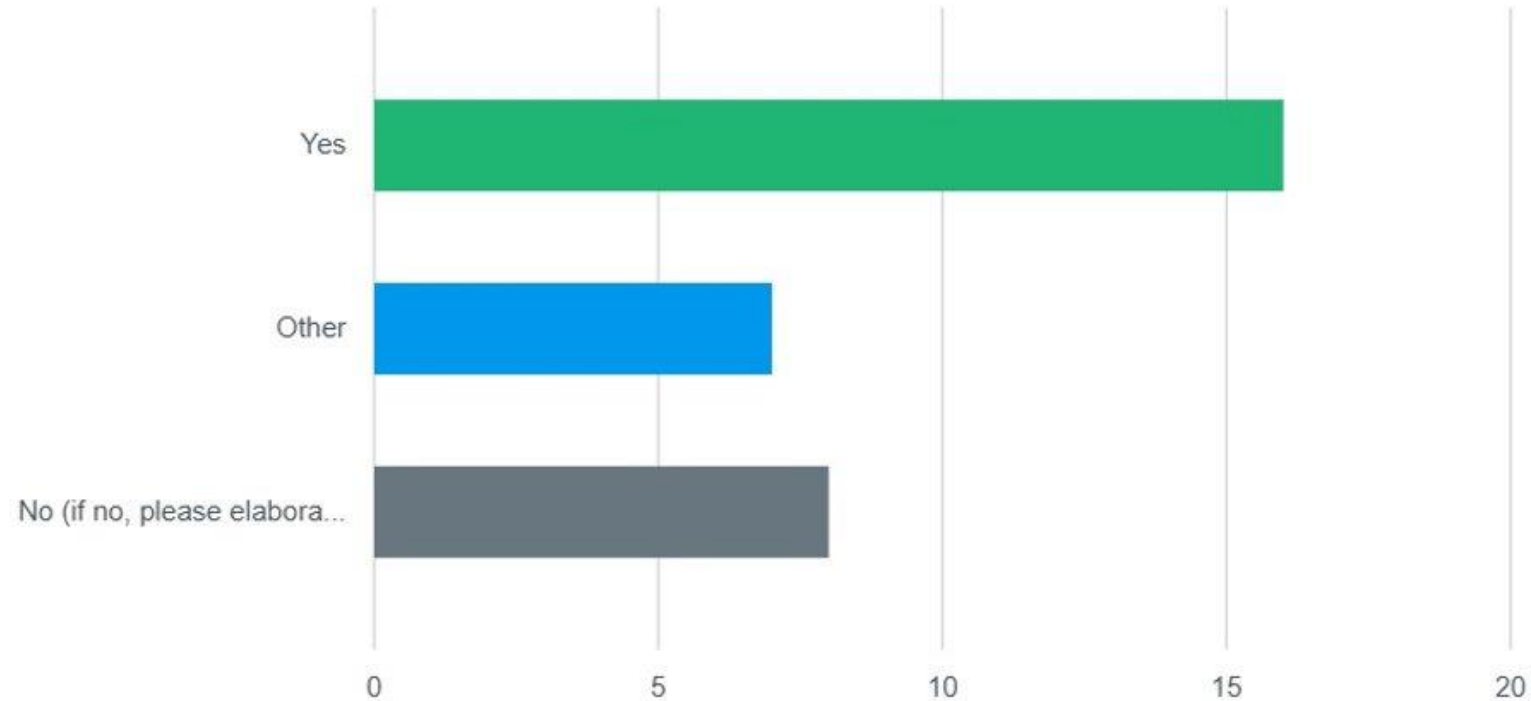


North Carolina Diabetes Advisory Council

1. What is your role in the DAC?



2. In your opinion, are the responsibilities of the members clearly defined?



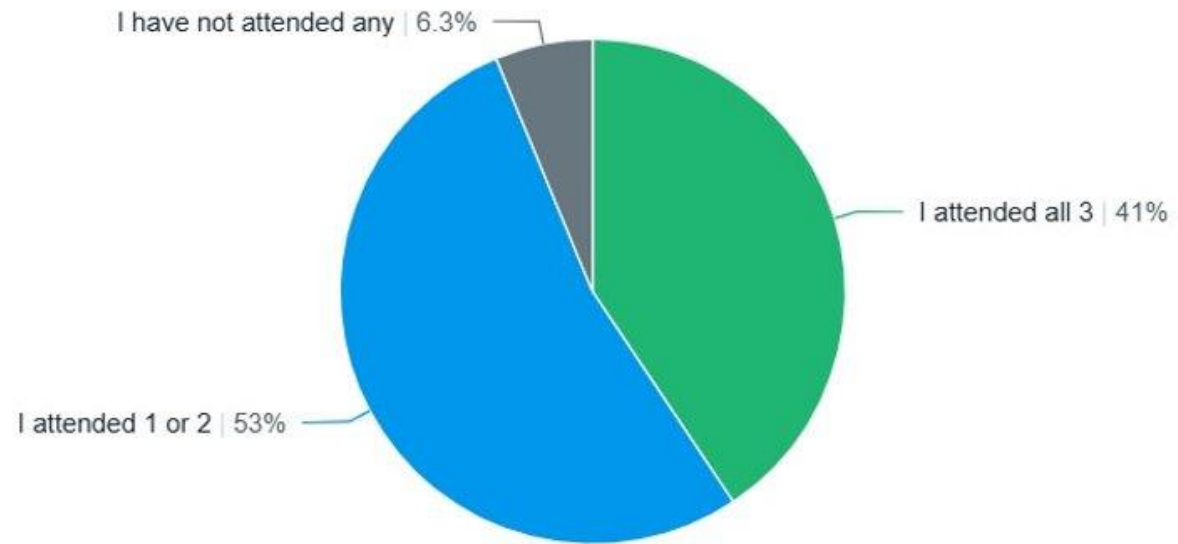
- Not sure.
- Not sure, as I don't know what they are or where they are located to review.
- I am still learning the structure of these meetings, as I have only attended one in person.
- The membership workgroup is in the process of defining what membership means.
- It would be nice to send out role definitions annually.

4. How long have you participated in the DAC?

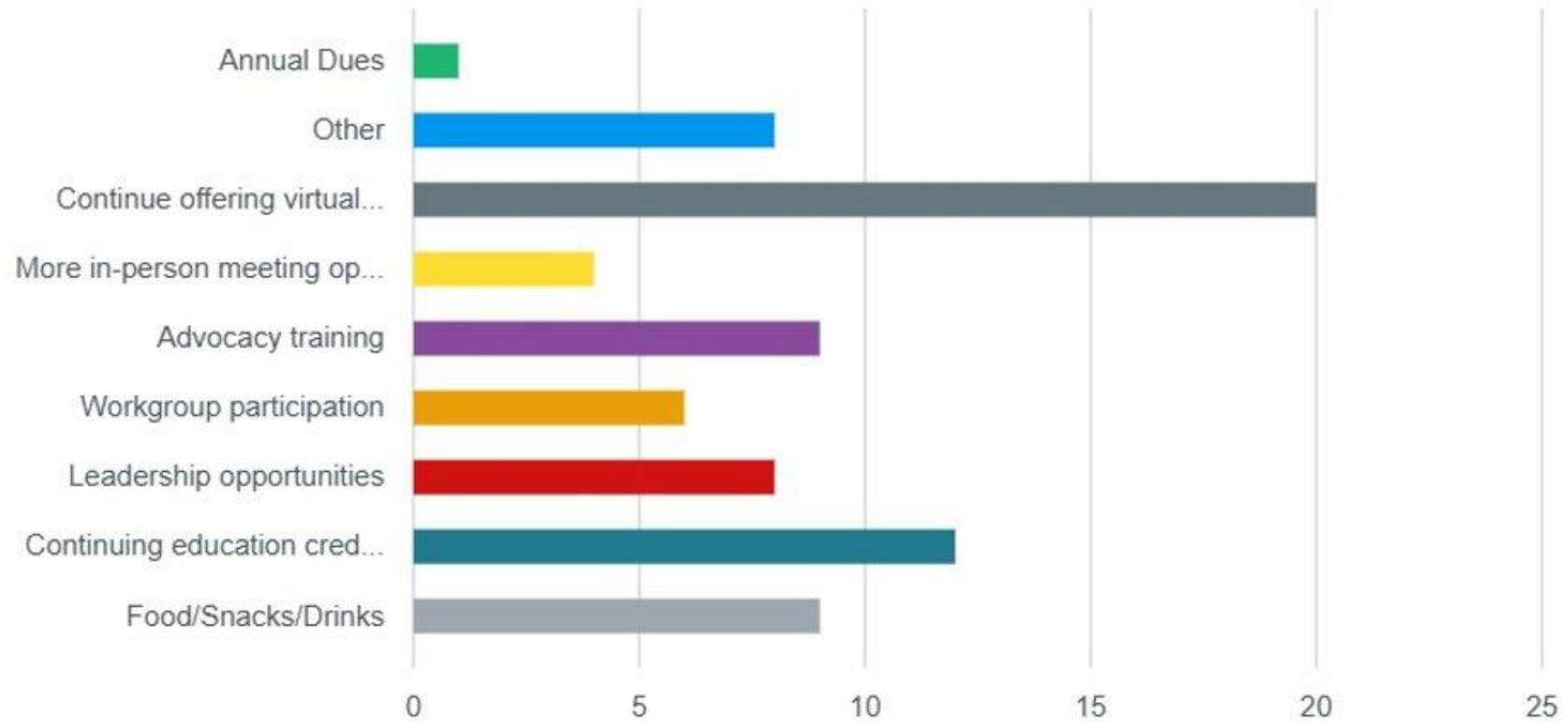
- Average years: 5.2
- Median years: 3
- Minimum years: 0
- Maximum years: 23



5. Which answer choice best represents your attendance over the past year?



6. Which of the following would possibly increase your level of engagement in the DAC?

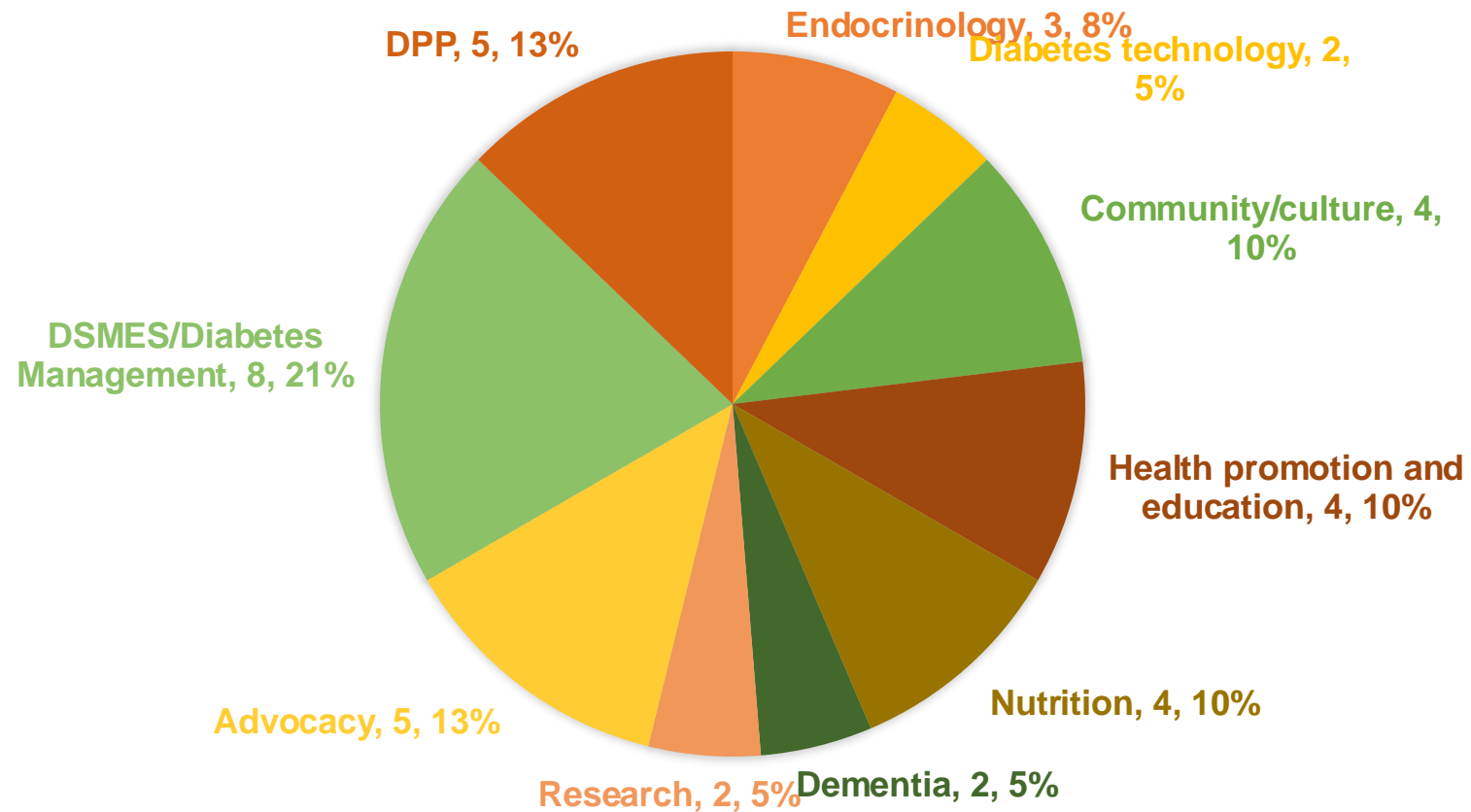


CEU OPPORTUNITIES-BRAINSTORM



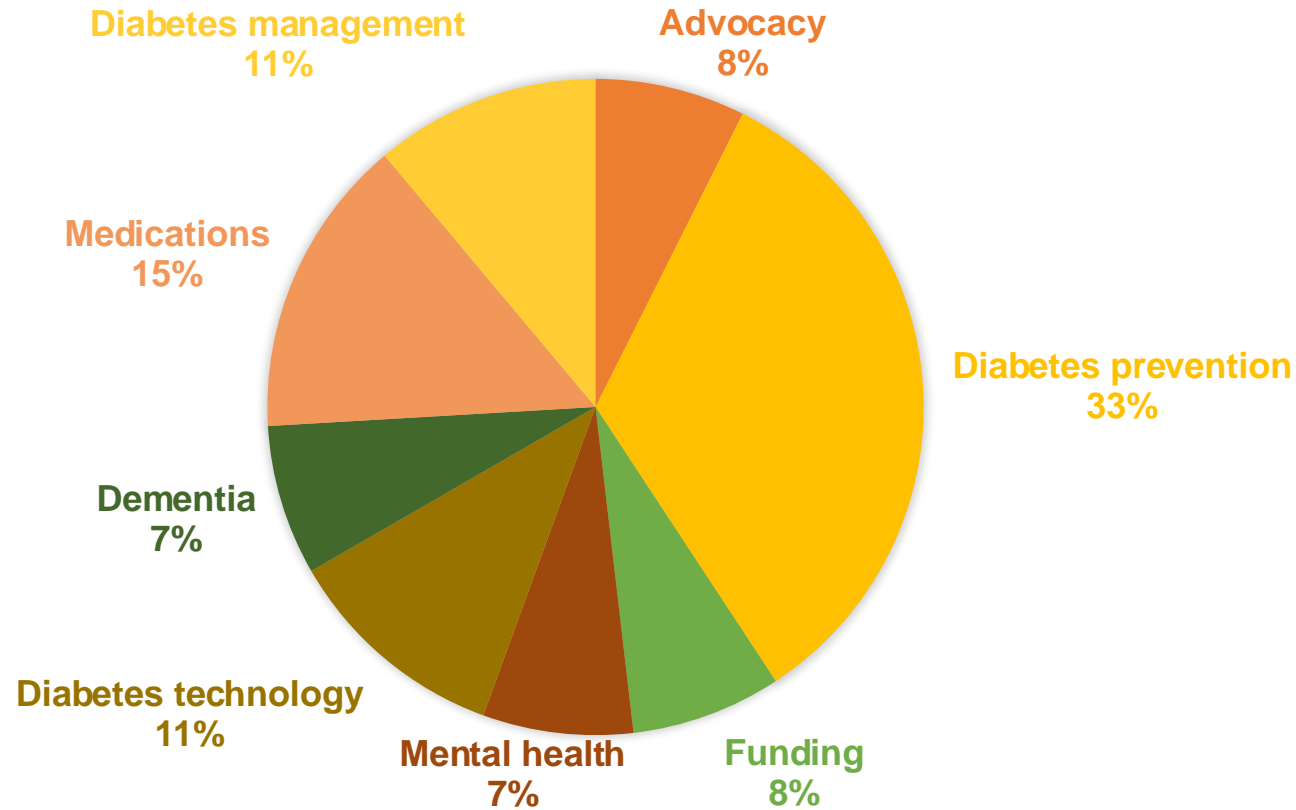
North Carolina Diabetes Advisory Council

7. What areas of expertise can you contribute to the DAC? (ex: hearing/audiometry, endocrinology, DSMES, etc.).



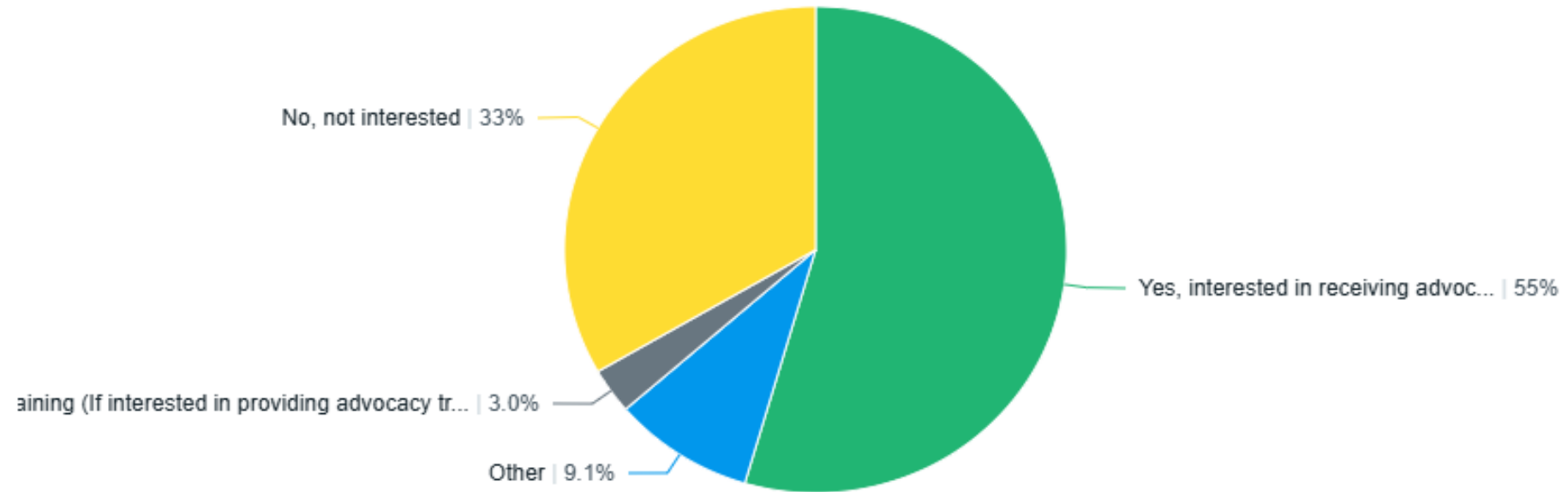
Other mentions: communications, pharmacy, culinary medicine, hospital care, deprescribing, coaching, event planning, older adults, oral health, quality improvement, type 1 diabetes, team-based care, social work

8. What other topics can the DAC address? (Consider diabetes cortisol, metabolic spectrum, diabetes prevention and management, etc.).



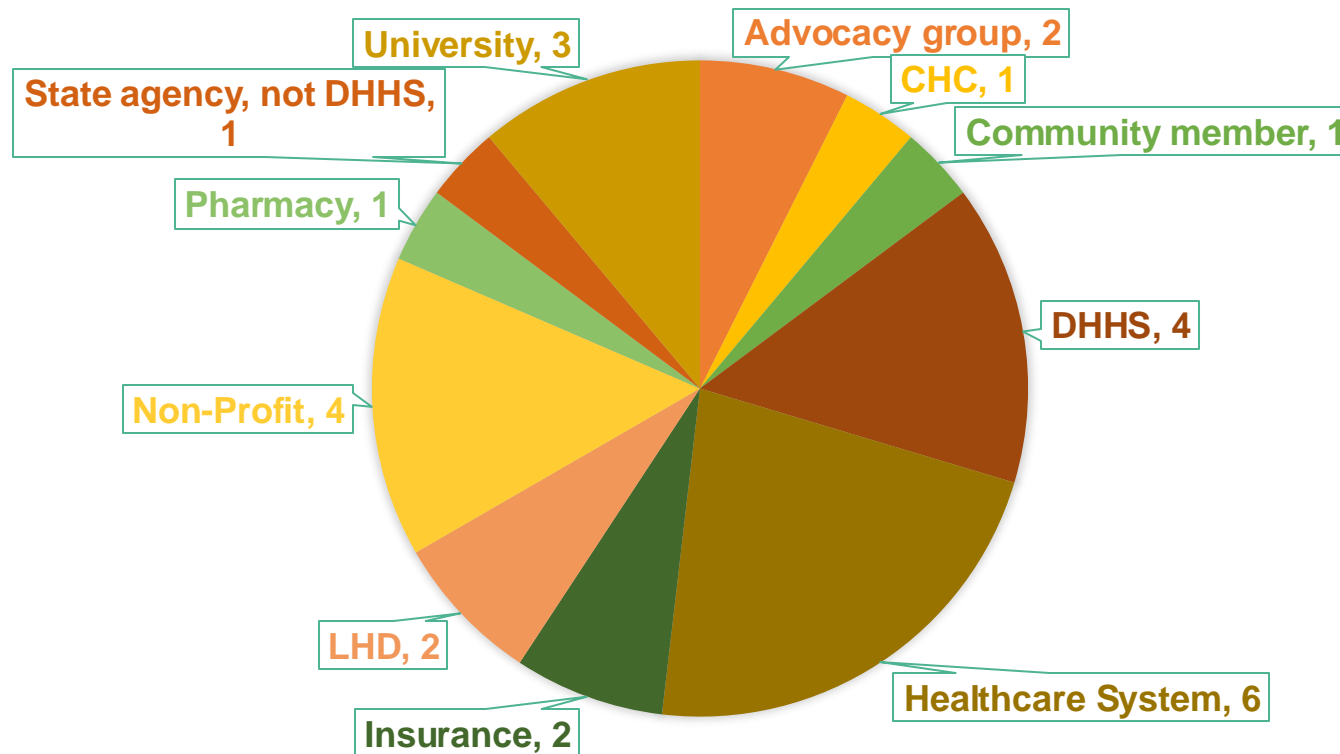
Other: ADA medical standards, legislative activity, national trends, latest science, CDCES, diabetes in teens and youth, data collection, improving communication, improving referrals to audiology

9. Are you interested in advocacy training?

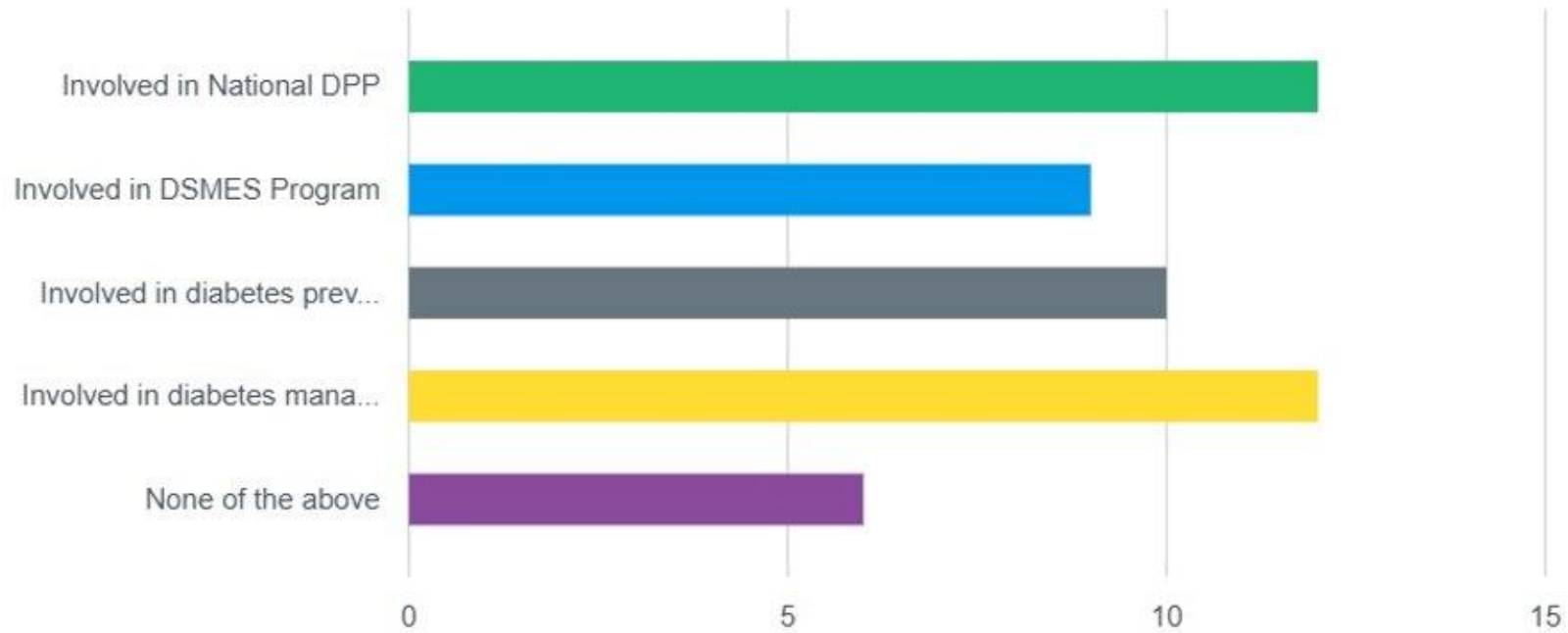


Other – 3 responses; interested depending on time commitment and what “advocacy” means.

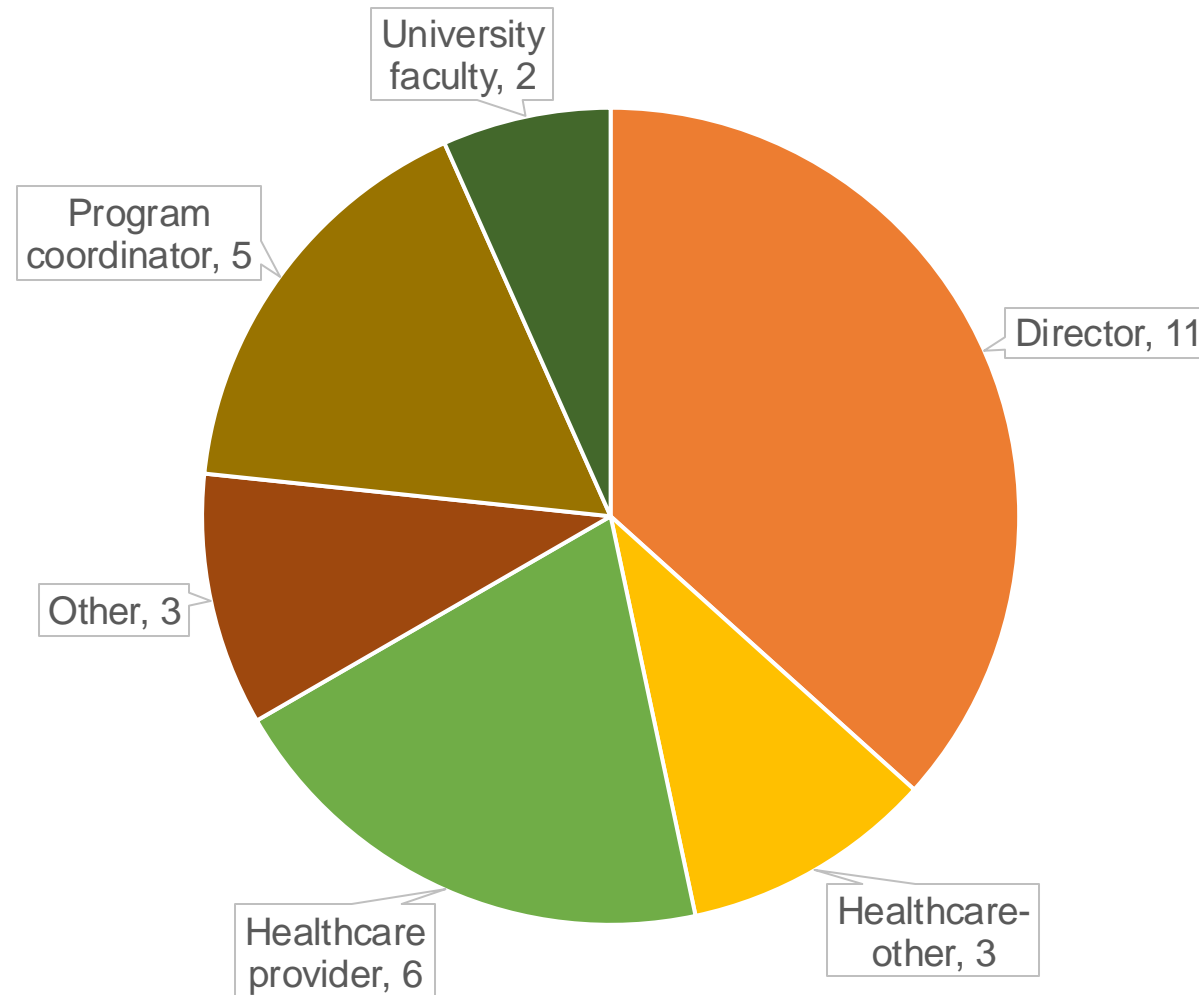
10. What type of organization do you represent at the DAC?



11. Is your organization involved in diabetes prevention or management programs?
Select all that apply



12. What is your current role/job at your organization?



14. Select the answer choices which best fit your opinion on the DAC's commitment to equity.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
DAC demonstrates a commitment to addressing health equity.	0	0	13% (4)	45% (14)	42% (13)
DAC engages representatives of diverse communities in our state to address health equity.	0	0	19% (6)	48% (15)	32% (10)
DAC disseminates health equity messages to members.	0	0	29% (9)	48% (15)	23% (7)

Comments:

The DAC could have more diverse representation from community groups

Would like to see a committed focus to addressing equity - ex. an agenda item, resource or presentation at each meeting



WAYS TO IMPROVE EQUITY WITHIN THE MEMBERSHIP



North Carolina Diabetes Advisory Council

15. Select the answer choices which best fit your opinions on DAC communications.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I'm satisfied with the frequency and content of the DAC communications.	0	0	13% (4)	45% (14)	42% (13)

Comments:

- Enjoy the newsletter.
- Glad to see the increase in communications (newsletter, etc.) over the past year.
- I dont receive many emails



WAYS TO IMPROVE COMMUNICATION WITHIN THE DAC



North Carolina Diabetes Advisory Council

16. Select the answer choices which best fit your opinions on DAC meetings.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
DAC meetings are productive and goal-oriented.	0	0	26% (8)	48% (15)	26% (8)
It is worth my time to be involved in DAC meetings and/or activities.			19% (6)	35% (11)	45% (14)

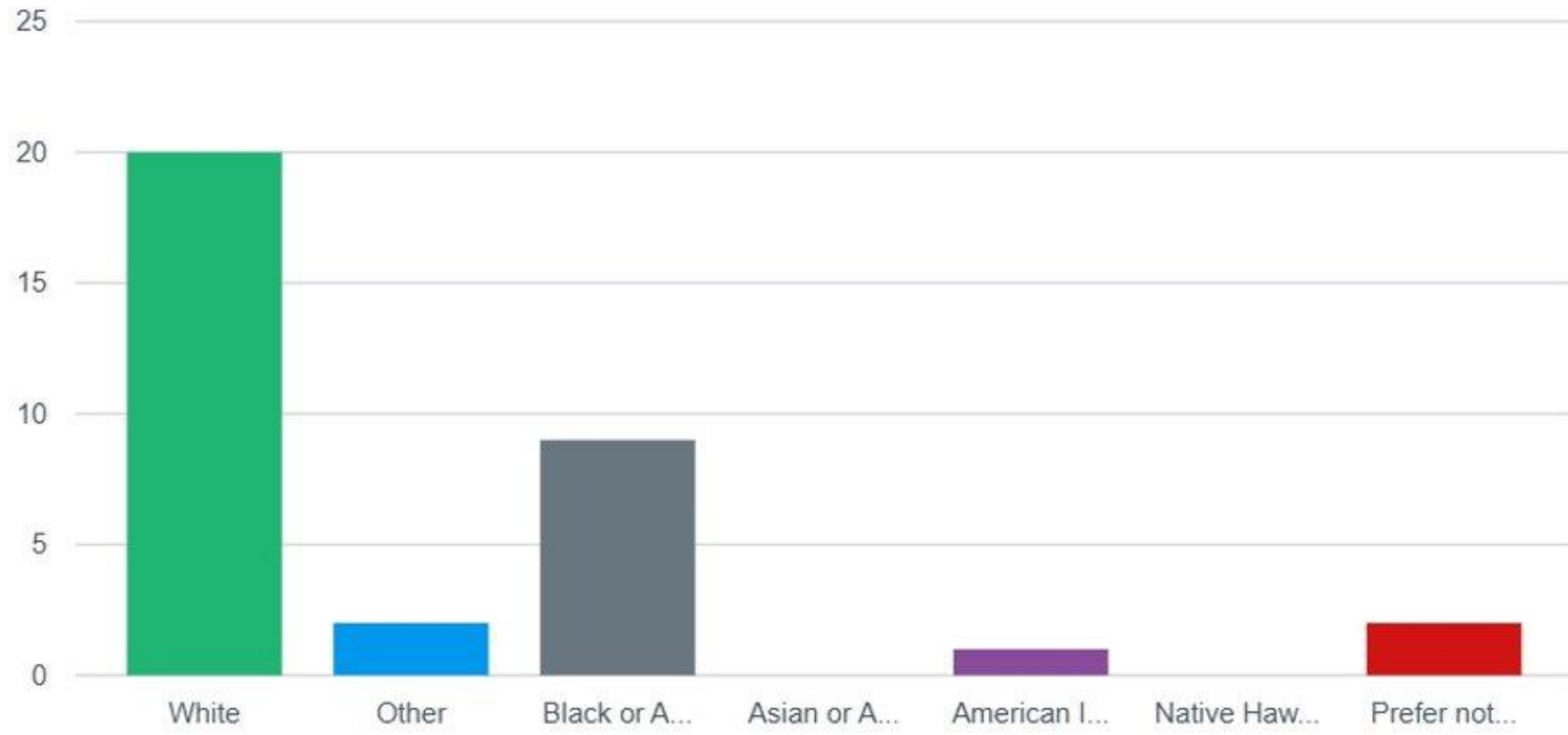
Comments: For goal oriented - recapping any objectives/goals that need to be addressed between meetings or before the next meeting.
would love CE for at least 1 speaker during meeting. but know that presents challenges



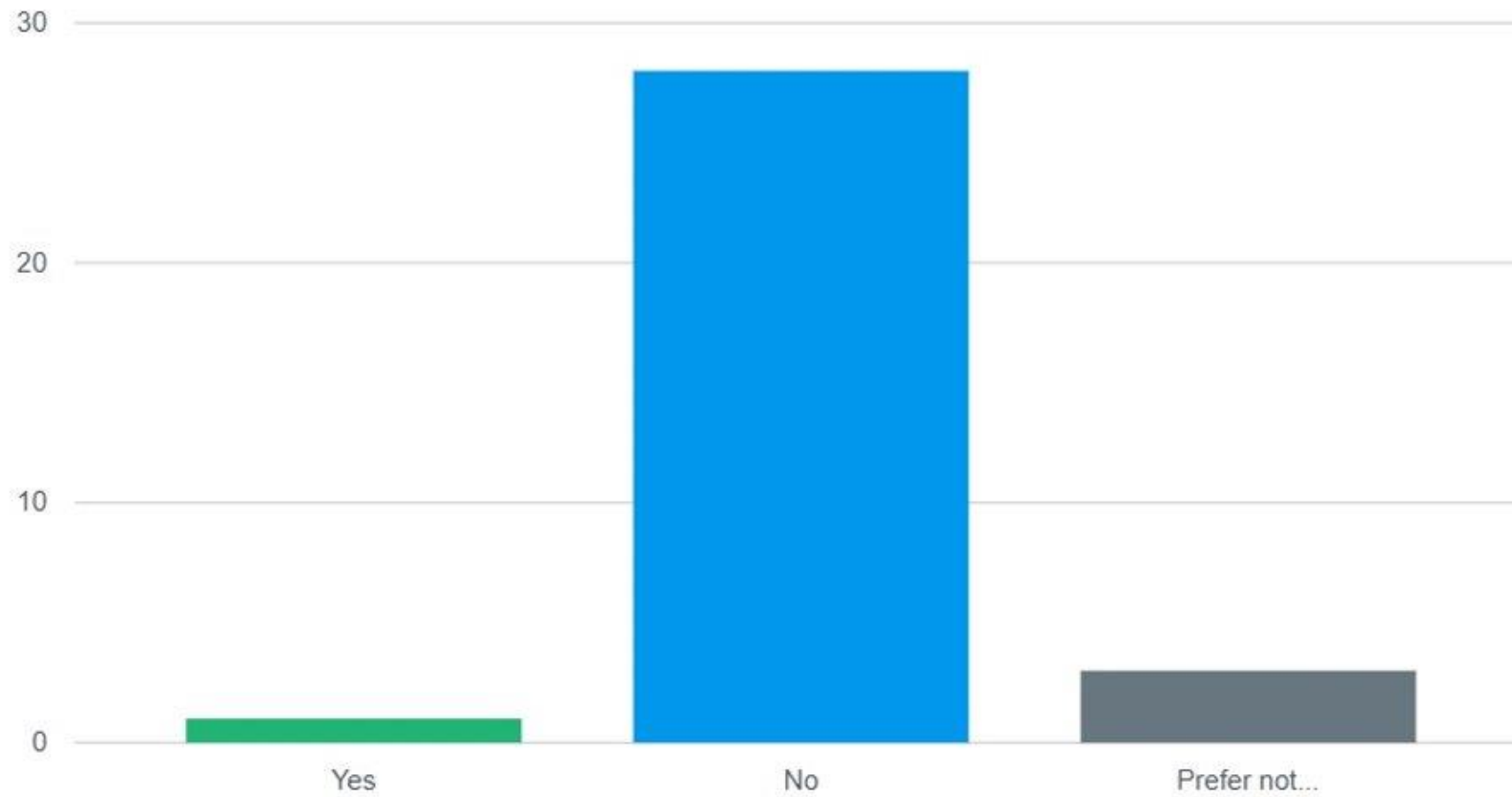
17. Select the answer choices which best fit your opinions on DAC leadership.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
The DAC leadership involves committee members in decision-making.	0	0	9	12	10
I feel I can openly express my opinions with the DAC leadership and other members of the DAC.	0	0	6	11	14

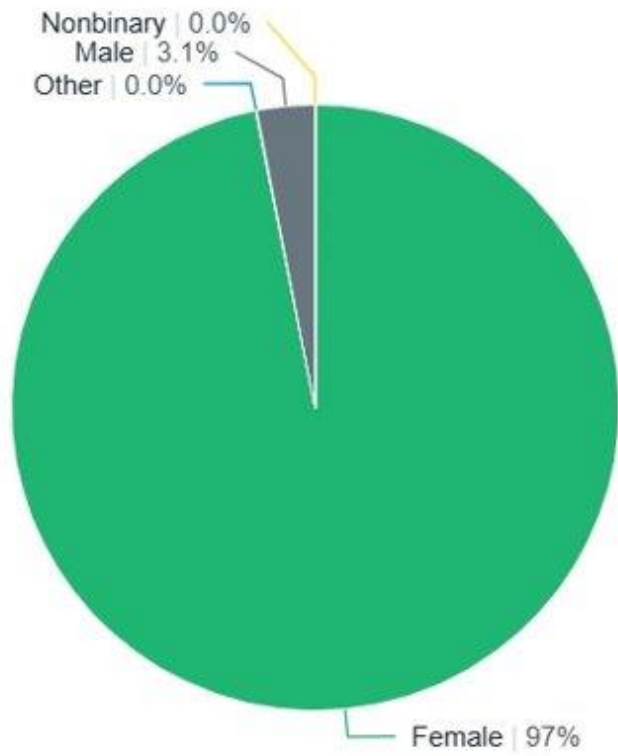
18. Which race(s) do you identify as? Select all that apply



19. Are you Hispanic or Latinx?



20. What is your gender identity?



DAC Workgroups Overview

Membership Workgroup

The purpose of this workgroup is to develop a standardized process for identifying and engaging a diverse group of diabetes professionals to join the NC DAC as either stakeholders or voting members.

Activities may include:

- 1) Developing a member survey to send to multi-disciplinary networks or organizations,
- 2) Assist the NC DAC leadership team in increasing awareness of the Council to individuals and organizations that are involved in diabetes care, education and advocacy.

This group would also identify gaps in our membership against the list of member representatives desired and then reach out to those orgs to request representation.

Abstract Workgroup

The purpose of this workgroup is to develop a standard presentation including talking points and handouts for any NC DAC representatives who are interested in submitting abstracts to state, national or international meetings or conferences.

Interest Survey Workgroup

The purpose of this workgroup is to develop an interest survey for current NC DAC voting members and stakeholders to identify professionals who desire to:

- 1) Continue to serve as voting members
- 2) Move from serving as stakeholders to voting members,
- 3) Increase involvement in the NC DAC by leading or participating in new workgroups, or
- 4) Present on current or future diabetes work during upcoming NC DAC meetings or other state or national professional meetings

Abstract Workgroup

Claudia Giraldo



North Carolina Diabetes Advisory Council

North Carolina Diabetes Advisory Council's Guide to Prevention and Management of Diabetes—2025

Claudia S Giraldo, MPH

Diabetes Program Assistant, DPP & DSMES State Quality Specialist
Community and Clinical Connections for Prevention and Health Branch

Division of Public Health

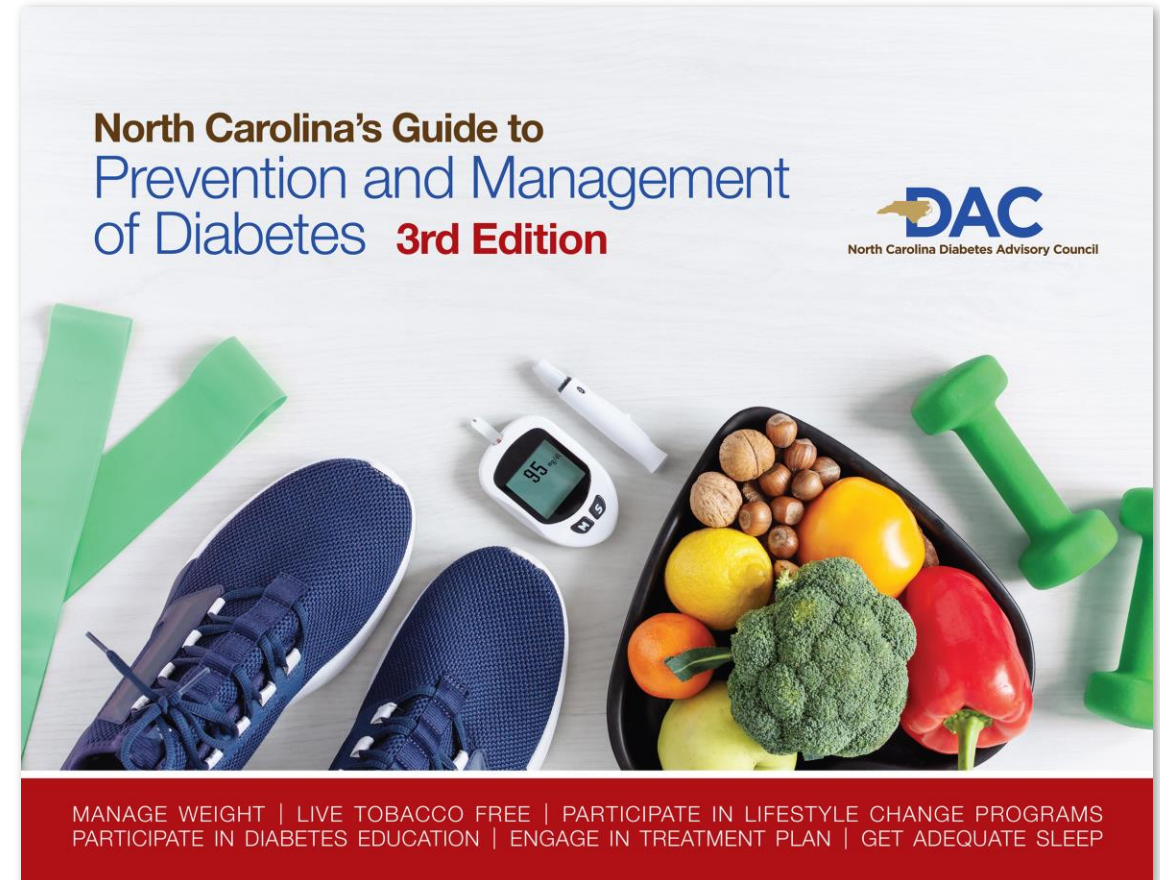
Claudia.Giraldo@dhhs.nc.gov



North Carolina Diabetes Advisory Council

North Carolina's *Guide to Prevention and Management of Diabetes Third Edition*

Intended to provide basic information about diabetes, its effects on the North Carolina population, and suggestions on how individuals can prevent and manage the disease



North Carolina's Guide to Prevention and Management of Diabetes **3rd Edition**



MANAGE WEIGHT | LIVE TOBACCO FREE | PARTICIPATE IN LIFESTYLE CHANGE PROGRAMS
PARTICIPATE IN DIABETES EDUCATION | ENGAGE IN TREATMENT PLAN | GET ADEQUATE SLEEP

North Carolina's Guide to Prevention and Management of Diabetes, 3rd Edition, serves to inform about diabetes in North Carolina, provide prevention and management strategies for individuals, and offer targeted recommendations for community groups, employers, and healthcare providers to manage diabetes and minimize complications.



Access *North Carolina's Guide to Prevention and Management of Diabetes, 3rd Edition*, to discover strategies for alleviating the impact of diabetes in North Carolina.

diabetesnc.com/guide



- <https://www.diabetesnc.com/>
- <https://www.communityclinicalconnections.com/resource/#DiabetesPrevention>
- <https://diabetesmanagementnc.com/resources/>
- <https://www.diabetesfreenc.com/resources/for-health-professionals/>



North Carolina Diabetes Advisory Council

Request the guide download password

Submit the following form for instant access to the the guide.

* Email

* First Name

* Last Name

* Name of Organization

* How will you use the Guide (limit 50 characters)

Receive Password

By submitting this form, you are consenting to receive marketing emails from: CCCPH,
5505 Six Forks Road, Raleigh, NC 27609, US,
<http://www.communityclinicalconnections.com>

You can revoke your consent to receive emails at any time by using the
SafeUnsubscribe® link, found at the bottom of every email. [View Privacy Policy](#)
[Emails are serviced by Constant Contact](#)

Downloads

Health Systems & Hospitals –
29%

Universities – 17%

PHD – 16%

Managed Care Organizations –
10%

Undetermined – 8%

Health Businesses – 7%

Organizations – 5%

Pharma – 4%

Agencies – 3%



North Carolina Diabetes Advisory Council

- Health Care Providers
- Diabetes Care and Education Specialists
- NC Cooperative Extension Agents
- Professors
- Pharmacists
- Lifestyle Coaches
- Public Health Leaders and Professionals

“For training and engaging community members in DM”

“To share information with staff”

“To help guide DSME and DPP program education”

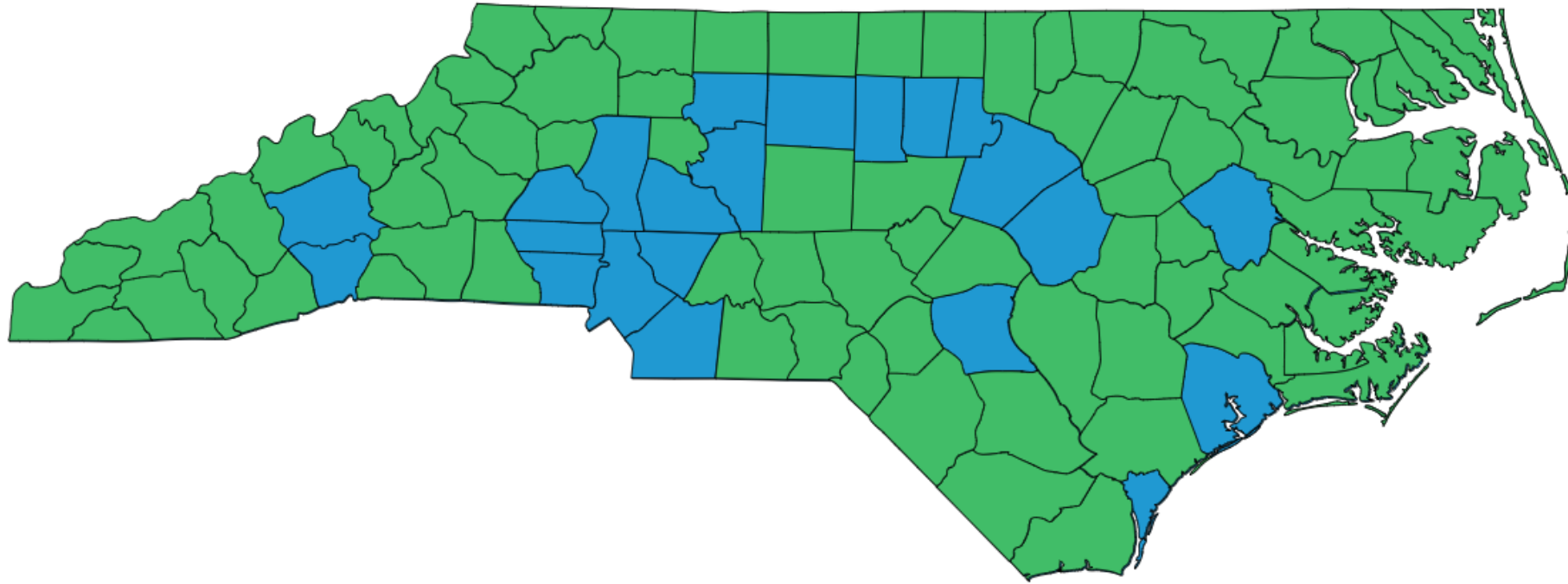
“To assist with client care and program planning”

“To further educate myself and others”

“To assist Medicaid members in their diabetes management”

“For quality improvement for diabetic members”





All rural counties of North Carolina are highlighted in green.

Urban and Suburban: Alamance, Buncombe, Cumberland, Durham, Forsyth, **11**
 Guilford, Johnston, Mecklenburg, New Hanover, Orange, and Wake

Rural: Craven, Dare, Granville, Greene, Hertford, Hoke, Martin, Tyrrel, Washington,
 McDowell, Rutherford, Northampton, Bertie, Hertford, Pender, Person, Randolph,
 Richmond, Vance, Burke, Avery, Watauga, Wilkes, Wilson **24**





Thank you!



North Carolina Diabetes Advisory Council

Membership Workgroup

Natasha Vos, UNC-Asheville



North Carolina Diabetes Advisory Council

Review of Standards of Care in Diabetes—2025

Leonor Corsino, MD, MHS

Wanda Lakey, MD, MHS, FACP



North Carolina Diabetes Advisory Council



North Carolina Diabetes Advisory Council

Upcoming DAC Meetings

Friday, May 23, 2025

In-Person at The McKimmon Center for Extension and Continuing Education
1101 Gorman Street, Raleigh, NC 27606

Virtual Option Available

diabetesnc.com/diabetes-advisory-council



North Carolina Diabetes Advisory Council