



Newsletter | September 2024



From the Desk of Our Co-Chairs

DAC Members,

As we wrap up 2024, I want to give a huge shout out to Chris Memering who has been a Co-Chair for 2 full terms on the DAC. Chris has graciously volunteered her time while also serving as an ADCES Board of Directors member, working full time at Carolina East Health as an inpatient diabetes guru and being an awesome Mom to her daughter Zabby, who is now at NC state and her son, Zane who just started high school! If you know Chris, you know she stands up for language use, access to care in all aspects-including but not limited to education, medication therapies, technology and support! I hope Chris doesn't think she's going anywhere because if it's up to me, she's just become a lifelong member of the voting membership! Round of applause for Chris! We appreciate you!

Joanne Rinker MS, RDN, BC-ADM, CDCES, LDN, FADCES
DAC Co-Chair

Good Day DAC!

As I write my last co-chair corner note, I take this as a time to reflect over the past few years serving you and the state in this capacity. When Laura and I took on this responsibility 4 years ago, we had a vision of being able to update and continue to move forward the work of the DAC. Joanne and I feel like we have continued that work and tuned into the needs of those involved in diabetes care throughout the

state. Annually, we survey the entire DAC to check in with our progress and achievements. This survey helps the leadership in their direction.

Based on the results of the survey, the leadership team has:

- Update the by-laws to be more reflective of current state of the DAC
- Submitted updates to the by-laws to fully understand membership and further inclusivity
- Created workgroups to involve all members of the DAC, as desired, in the structuring of the council and dissemination of information about the DAC and from the DAC
- An presentation and insight into advocacy work and needs within the diabetes space
- Increase in leadership opportunities with the DAC to help further the mission through the creation of workgroups
- Increase in communication from the leadership via a newsletter
- Utilization of the experts on this council as contributors to the newsletter

I know we could cover more, but I hope this helps you understand why this annual survey is important. I am excited to see what priorities and needs you will present to the leadership in the next DAC annual survey.

In addition, added to the excitement of the work the DAC has accomplished over the past year, is celebrating the work that all of you do day in and day out through the annual awards program, which had its hands full with nominations this year. I do hope the process was streamlined for all of you this time. I cannot wait to help present these awards at our October 11th meeting and all my gratitude to the selection committee.

Lastly, I want to thank you all for putting your trust in me over the last 4 years in co-leading this group. I know the power and passion behind the people who have joined us is strong and will continue to grow as we continue to grow with new members and organizations and a focus forward.

Thank you all for 4 wonderful years.

Chris Memering, MSN, RN, CDCES, BC-ADM, FADCES
DAC Co-chair

Diabetes Advisory Council Fall Meeting

Friday, October 11, 2024, 9:30 am – 12:30 pm

In-person and Virtual Attendance Options

The McKimmon Center for Extension and Continuing Education

1101 Gorman Street, Raleigh, NC 27606

The DAC Awards Presentation will be held during this meeting.

[RSVP Here](#)

[Virtual Meeting Link](#)

**Meet Dr. John Buse, MD, PhD, our guest speaker for the
Fall Meeting**



Takeaways from ADCES 2024 in New Orleans

ADCES24 NEW ORLEANS

YOUR PASSION. YOUR PEOPLE.

Joie de vivre [cheerful enjoyment of life and general happiness] was the overall feeling people attending the Association of Diabetes Care and Education Specialists (**ADCES**) 2024 experienced in New Orleans. For four days, August 9 – 12, the membership organization featured keynote speakers, educational sessions, and exhibits to nurses, dietitians, pharmacists, and other dedicated diabetes professionals who came from every corner of the country and from more than half a dozen of other nationalities to learn the latest in improving diabetes care through education and technology. Three elements made this conference unique: educational sessions, networking opportunities, and exhibits.

Keynote sessions, panel discussions, workshops, symposiums, and research poster sessions formed the backbone of the event. They offered attendees a comprehensive range and deeper insights in diabetes education as well as implementation and sustainability of Diabetes Self-management Education and Support (DSMES) services. At the opening Keynote session, the speaker reminded us to live our life in a manner that “we’d be proud to look back on.” Panel discussions highlighted best practices in diabetes care providing a valuable opportunity for attendees to learn from the successes and challenges of their colleagues. Workshops, seminars, and research poster sessions

delved into the latest advancements and innovative strategies to improve clinical outcomes and the patient experience. After listening these leaders, participants were inspired to broaden their perspective and enrich their understanding of diabetes care and education.

In addition, networking activities connected professionals and fostered collaborations allowing a diverse spectrum of professionals to expand their knowledge base and career opportunities. At the Medscape, Lilly, and ADCES evening gatherings, attendees had a blast in testing their knowledge, competing in educational games, and celebrating under a vibrant Mardi Gras theme. During the day, the exhibit hall was bubbling with excitement as attendees strolled along the aisles looking into the booths to learn more about products and services that could help enhance the lives of people living with diabetes. For instance, many attending the hands-on CGM training at the Dexcom booth came out wearing a 10-day sensor.

ADCES 2024 at NOLA offered attendees a glimpse of what's on the horizon of diabetes care and education, enabling them to anticipate changes and adapt accordingly. The conference was about meeting people and providing knowledge hubs that offered unique opportunities for innovation and growth in the careers of diabetes care and education specialists.

Claudia S Giraldo, MPH

North Carolina Division of Public Health

Reader's Corner

Congratulations DAC Members and Stakeholders

- **Diana Laursen** passed her exam and is now a Registered Dietitian.
- **Amanda Ross** received the 'Making a Difference Scholarship' from Diabetes Education Services for her dedication to enhancing diabetes care and education in underserved rural communities.

Our DAC members and partners bring a wealth of expertise. Explore the articles below from your colleagues:

- [Accessibility of diabetes education in the United States: barriers, policy implications, and the road ahead](#)
 - [Leveraging Policy Solutions for Diabetes Disparities](#)
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Mark Your Calendars



North Carolina Coordinating Body of ADCS 2024 Conference: Diversity, Equity, Inclusion in Diabetes Care

Date: Friday Oct 6th, 2024 7:30am-4:30pm

Location: Harris Conference Center -Central Piedmont Community Center
3216 C.P.C Harris Campus Dr, Charlotte, NC 28208
Virtual attendance will also be an option during registration

Activity Description: This year's conference theme is: Diversity, Equity, Inclusion and our goal is to identify health gaps and cultivate relationships for change among our educators who are actively engaged in various communities (underserved, trans/LGBTQA+, pediatrics, weight inclusive healthcare and ethnic minority groups).

Accreditation: This activity is eligible for continuing education credit; see final activity announcement for specific details.

Target Audience: Nurses, Dietitians, Pharmacists

Registration/Contact Information: Program contact at cecilia.bathelger@gmail.com with any questions or visit our website: <https://www.adcs.org/events/related-details/north-carolina-coordinating-body-of-adcs-2024-diabetes-conference-diversity-equity-inclusion>

Many thanks to our Gold and Platinum Level Sponsors!



Diversity, Equity, Inclusion in Diabetes Care

Harris CPCC Conference Center
3216 Harris Campus Dr. Charlotte, NC 28208
10/4/2024
7:30 AM - 4:30 PM
[Register Here](#)

2024 State of Diabetes



Date: Tuesday, November 12th, 2024

Time: 9AM to 11AM

Location: Northeastern University (2151 Hawkins St #800, Charlotte, NC)

Overview: The State of Diabetes, an annual event organized by the American Diabetes Association® (ADA), serves as a pivotal gathering uniting influential figures across various sectors. This event brings together employers, industry leaders, health care providers, payers, and community experts on a shared platform. The primary objective is to engage in critical discussions addressing the contemporary landscape of diabetes, the financial impact on employers and their employees, leveraging ADA resources, and featuring an expert panel along with a networking session.

Purpose:

The event aims to foster collaboration, innovation, and knowledge sharing among diverse stakeholders.

Key areas of focus include:

- Employer engagement
- Advocacy and policy change
- ADA resource showcase

Key features:

- Expert insights
- Networking session
- ADA resources
- Action-oriented toolkit

Impact:

The State of Diabetes event strives to drive tangible outcomes:

- Empowering attendees with insights from expert panelist to catalyze change in diabetes care, workplace wellness, and advocacy efforts.
- Enabling networking sessions to forge collaborations and partnerships that transcend the event, fostering ongoing initiatives in diabetes care, workplace wellness, and advocacy.
- Leveraging ADA resources to equip stakeholders with tools and information for effective diabetes management, prevention, education, and support in our community.
- Providing an actionable toolkit for attendees, translating discussions into implementable strategies, ensuring sustained efforts post-event.



To register, scan the QR code or go to diabetes.org/sodcharlotte



2024 State of Diabetes: Charlotte

Northeastern University
2151 Hawkins St #800
Charlotte, NC 28203
11/12/2024
9:00 AM
[Register Here](#)



Date: Friday, November 15th, 2024

Time: 8:30AM to 11AM

Location: NCCU Student Union (500 Nelson St. Durham, NC 27707)

Overview:

The State of Diabetes, an annual event organized by the American Diabetes Association® (ADA), serves as a pivotal gathering uniting influential figures across various sectors. This event brings together employers, industry leaders, health care providers, payers, and community experts on a shared platform. The primary objective is to engage in critical discussions addressing the contemporary landscape of diabetes, the financial impact on employers and their employees, leveraging ADA resources, and featuring an expert panel along with a networking session.

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To register, scan the QR code or go to diabetes.org/sodraleighdurham



Community & Clinical CONNECTIONS for Prevention & Health Branch

NORTH CAROLINA DHHS DIVISION OF PUBLIC HEALTH

DIABETES PREVENTION AND MANAGEMENT PHARMACY LEARNING COLLABORATIVE

The Pharmacy Learning Collaborative promotes Diabetes Prevention Programs (DPP) and Diabetes Self-Management Education and Support (DSMES) services in pharmacies to reduce the impact of prediabetes and diabetes.

NOVEMBER 19, 2024

11 AM <https://meet.goto.com/517463781>

For questions, contact Meg Sargent meg.sargent@dhhs.nc.gov

2024 State of Diabetes: Raleigh-Durham

NCCU Student Union
500 Nelson St. Durham, NC 27707
11/15/2024
9:00 AM
[Register Here](#)

NC Diabetes Prevention and Management Pharmacy Learning Collaborative

Virtual
11/19/2024
11:00 AM – 12:00 PM
[Attend Meeting Here](#)



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